

M-type Phospholipase A₂ Receptor Autoantibodies and Renal Function in Patients with Primary Membranous Nephropathy

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Abstract

Background and objectives Loss of renal function in patients with primary membranous nephropathy cannot be reliably predicted by laboratory or clinical markers at the time of diagnosis. M-type phospholipase A₂ receptor autoantibodies have been shown to be associated with changes in proteinuria. Their eventual effect on renal function, however, is unclear.

Design, setting, participants, & measurements In this prospective, open, multicenter study, the potential role of M-type phospholipase A₂ receptor autoantibodies levels on the increase of serum creatinine in 118 consecutive patients with membranous nephropathy and positivity for serum M-type phospholipase A₂ receptor autoantibodies was analyzed. Patients were included in the study between April of 2010 and December of 2012 and observed until December of 2013. The clinical end point was defined as an increase of serum creatinine by $\geq 25\%$ and serum creatinine reaching ≥ 1.3 mg/dl.

Results Patients were divided into tertiles according to their M-type phospholipase A₂ receptor autoantibody levels at the time of inclusion in the study: tertile 1 levels=20–86 units/ml (low), tertile 2 levels=87–201 units/ml (medium), and tertile 3 levels ≥ 202 units/ml (high). The median follow-up time of all patients in the study was 27 months (interquartile range=18–33 months). The clinical end point was reached in 69% of patients with high M-type phospholipase A₂ receptor autoantibodies levels (tertile 3) but only 25% of patients with low M-type phospholipase A₂ receptor autoantibodies levels. The average time to reach the study end point was 17.7 months in patients with high M-type phospholipase A₂ receptor autoantibodies levels and 30.9 months in patients with low M-type phospholipase A₂ receptor autoantibodies levels. A multivariate Cox regression analysis showed that high M-type phospholipase A₂ receptor autoantibodies levels—in addition to men and older age—are an independent predictor for progressive loss of renal function.

Conclusions High M-type phospholipase A₂ receptor autoantibodies levels were associated with more rapid loss of renal function in this cohort of patients with primary membranous nephropathy and therefore, could be helpful for treatment decisions.

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Introduction

The prediction of clinical outcome of patients with primary membranous nephropathy (MN) and nephrotic proteinuria is still a dilemma. The patients may develop a spontaneous remission of proteinuria with very good prognosis or a progressive loss of renal function and ESRD (1). A number of studies has shown that immunosuppressive therapies lead to remission of proteinuria and maintenance of renal function (2–5). However, it is still a challenge to decide for which patient and at what time in the course of the disease an immunosuppressive therapy should be started. Using three cohorts of patients with primary MN, Cattran *et al.* (6) validated a model, which allows prediction of progression of renal failure. In this model, a persistent high level of proteinuria (>8 g/24 h), the slope of creatinine clearance over 6 months, and an elevated serum creatinine at the time of diagnosis are predictors for loss of renal

function. The discovery that M-type phospholipase A₂ receptor autoantibodies (PLA₂R-Abs) are detectable in about 70% of patients with primary MN allows us to assess their potential role as a pathogenetic mechanism on the clinical outcome of patients with primary MN (7). Several studies have shown a close association of serum PLA₂R-Ab levels and changes in proteinuria (8–10). Two retrospective analyses have suggested that high PLA₂R-Ab levels at the time of diagnosis may be predictors of unfavorable clinical outcome (11,12). To test whether PLA₂R-Ab levels could be a risk factor for loss of renal function, we performed a prospective analysis in patients with MN who were positive for PLA₂R-Ab in the serum.

Materials and Methods

Patients and Study Design

Inclusion criteria for participating in this prospective, multicenter, open clinical study were histologic

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diagnosis of primary MN, a positive PLA₂R-Ab test within 6 months of renal biopsy, and no immunosuppressive therapy before inclusion in the study. Patients were included in the study between April of 2010 and December of 2012. Patients with a secondary form of MN were excluded from the study. Screening for secondary MN included serologic tests for lupus erythematoses and hepatitis, a detailed medical history, and screening for malignancies depending on the age and additional risk factors of the patient. During the study follow-up, the treating physicians decided on the therapeutic strategy without any recommendations. The most common factors for starting an immunosuppressive treatment were (1) severe clinical symptoms (nephrotic syndrome and edema) that were not properly controlled and (2) decline of renal function. The decision of which immunosuppressive therapy to use was made by the treating physicians on the basis of their experience.

PLA₂R-Ab levels, 24-hour protein excretion, and serum creatinine were measured every 3 months. The study end point was defined as an increase of serum creatinine by $\geq 25\%$ compared with the serum creatinine level at study inclusion and reaching a serum creatinine level of ≥ 1.3 mg/dl. This decrease in renal function is considered relevant in patients with MN; in these patients, the overall decline in renal function over time is moderate, because they may have spontaneous remission, stable disease, or progressive decrease of renal function.

In line with previous publications (11,12), patients were divided in three tertiles depending on the total IgG PLA₂R-Ab level at the start of the study (low, medium, and high PLA₂R-Ab levels).

The study was approved by the local ethics committee of the Chamber of Physicians in Hamburg and conducted in accordance with the ethical principles stated by the Declaration of Helsinki. Informed consent was obtained from all participating patients.

PLA₂R-Ab Measurement

Serum levels of PLA₂R-Ab were first measured by an indirect immunofluorescence test (8,13). After development of an ELISA (14) by EUROIMMUN AG, we continued measurements of total IgG and IgG4 subclass PLA₂R-Ab by ELISA. The ELISA was chosen because of better quantification of the PLA₂R-Ab levels. Because we were involved in the validation of this ELISA (14) and were experienced in performing this test, all measurements were performed in our laboratory. According to the manufacturer, the ELISA results were considered positive at a level >20 units/ml for IgG PLA₂R-Ab and >0.259 units/ml for IgG4 PLA₂R-Ab.

Histologic Studies

Interstitial fibrosis, glomerular scarring, and hypertensive nephrosclerosis were analyzed with standard periodic acid-Schiff staining. Interstitial fibrosis was classified as minor when $\leq 15\%$ of the tubulointerstitial space was involved, moderate when $>15\%$ but $\leq 50\%$ of the tubulointerstitial space was involved, and extended when $>50\%$ of the tubulointerstitial space was involved. Glomerular lesions were assessed by electron microscopy according to the classification of Ehrenreich and Churg (15).

Statistical Analyses

Data are given as mean values \pm SDs or median values and interquartile ranges (IQRs) when appropriate. Statistical significance was defined as a *P* value <0.05 ($\alpha=0.05$). Patients were divided in three groups corresponding to the tertiles of the total IgG PLA₂R-Ab level at the start of the study (low, medium, and high). Survival analysis was done on the clinical end point defined as an increase of serum creatinine by $\geq 25\%$ and a serum creatinine of ≥ 1.3 mg/dl by computing Kaplan–Meier curves for these tertiles. The Kaplan–Meier curves were compared pairwise by log rank tests to test for significant differences. The resulting *P* values were Bonferroni adjusted ($P'=P \times 3$; 3=number of comparisons). A multivariate Cox regression analysis was performed on the clinical end point using clinical variables measured at the beginning of the study (age, sex, total IgG PLA₂R-Ab levels, IgG4 PLA₂R-Ab levels, proteinuria, serum albumin, serum creatinine, time between renal biopsy and measurement of PLA₂R-Ab levels, glomerular lesions according to the work by Ehrenreich and Churg [15], and BP) as well as immunosuppressive treatment during follow-up. These explanatory variables were chosen because of their potential influence on the development of renal function (and proteinuria). The explanatory variables serum creatinine, proteinuria, time between renal biopsy, and measurement of PLA₂R-Ab levels and total IgG PLA₂R-Ab levels were ln transformed before the analysis. The strength and significance of the effects of the explanatory variables were indicated by hazard ratios, their associated confidence intervals, and *P* values in a forest plot. All statistical analyses were done using SPSS, version 21.

Results

Clinical Baseline Characteristics

One hundred sixty-eight consecutive patients with biopsy-proven primary MN were tested for PLA₂R-Ab in the serum. One hundred eighteen patients were positive for PLA₂R-Ab and included in this study (Table 1).

The time between a renal biopsy (diagnosis of primary MN) and the study inclusion (first measurement of PLA₂R-Ab levels) was 0.75 months (IQR=0.25–1.0 months). The time from disease onset (start of symptoms) to the time of diagnosis (time of renal biopsy) was 2 months (IQR=0–4.5 months) for 55 of 118 patients. This time is 1 month (IQR=0–4 months) for 21 patients in tertile 1, 3 months (IQR=1.5–3.5 months) for 16 patients in tertile 2, and 2 months (IQR=1–6 months) for 18 patients in tertile 3 (all differences are not statistically significant). At the time of inclusion in the study, almost all patients (111 of 118; 94%) were treated with an angiotensin-converting enzyme inhibitor or angiotensin II receptor blocker. Most patients received diuretics (100 of 118; 85%) and lipid-lowering drugs (72 of 118; 61%). Forty-nine patients were treated with anticoagulants. The use of anticoagulants was decided on by the treating physicians. Treatment was prophylactic in 26 patients and therapeutic in 23 patients. A thrombotic event occurred in 14 patients before start of the study or during the follow-up.

Patients were divided in three groups (tertiles) depending on the total IgG PLA₂R-Ab level at the start of the study. PLA₂R-Ab levels at inclusion in the study were 20–86 units/ml

Table 1. Clinical baseline characteristics of the patients at the time of inclusion in the study

Clinical Baseline Characteristics	All Patients	Tertile 1 (Low)	Tertile 2 (Medium)	Tertile 3 (High)	P Value Low Versus High
Number of patients	118	40	39	39	
PLA ₂ R-Ab level total IgG (units/ml)	300±443	55±17	141±32	711±583	<0.001
PLA ₂ R-Ab level IgG4 (units/ml)	42.3±65.0	7.8±5.1	20.9±13.1	99.1±88.2	<0.001
Males (%)	86 (73%)	29 (73%)	31 (79%)	26 (67%)	0.86
Age (yr)	53.1±16.3	48.2±15.8	52.9±15.3	58.2±16.5	<0.01
Time from renal biopsy to first serum measurement (mo) ^a	0.75 (0.25–1.0)	0.5 (0.0–0.75)	0.75 (0.25–1.0)	0.75 (0.25–1.5)	0.06
Proteinuria (g/24 h) ^a	7.5 (5.0–10.7)	6.4 (4.8–8.7)	7.3 (5.8–10.4)	9.1 (4.3–12.2)	0.07
Serum albumin (g/L)	25.7±5.5	26.6±5.2	26.3±6.6	24.3±4.4	0.04
Serum creatinine (mg/dl) ^a	1.0 (0.8–1.3)	1.0 (0.7–1.2)	1.1 (0.9–1.3)	1.1 (0.9–1.4)	0.12
Patients on immunosuppression during follow-up (%)	93 (79)	26 (65)	31 (79)	36 (92)	0.31
Systolic BP (mmHg)	136.1±18.9	129.6±18.1	138.1±20.5	140.7±16.6	<0.01

Patients were divided in tertiles depending on the total IgG PLA₂R-Ab level at the start of the study: tertile 1, low PLA₂R-Ab levels; tertile 2, medium PLA₂R-Ab levels; tertile 3, high PLA₂R-Ab levels. P values are given for the comparison of the patients in tertiles 1 (low PLA₂R-Ab levels) and 3 (high PLA₂R-Ab levels). PLA₂R-Ab, phospholipase A₂ receptor autoantibody.

^aData are shown as medians and interquartile ranges.

in tertile 1 (low PLA₂R-Ab levels), 87–201 units/ml in tertile 2 (medium PLA₂R-Ab levels), and 202–2852 units/ml in tertile 3 (high PLA₂R-Ab levels). The majority of patients was men. Patients in tertile 3 were older than those in tertile 1 ($P<0.05$). Proteinuria was higher in tertile 3 than in tertile 1, but this difference did not reach statistical significance. Patients in the different tertiles had similar serum creatinine levels at the start of the study. In tertile 3, there were more patients receiving immunosuppressive treatment during the study follow-up than in tertile 1. This difference did not reach statistical significance. Patients in tertile 3 had significantly higher BP levels than patients in tertile 1. The median follow-up time of all patients in the study was 27 months (IQR=18–33 months).

Analysis of Risk Factors for Progression of Renal Failure

We performed a multivariate Cox regression analysis to identify risk factors associated with progression of renal failure (Figure 1). All available clinical factors (age, sex, total IgG PLA₂R-Ab levels, IgG4 PLA₂R-Ab levels, proteinuria, serum albumin, serum creatinine, time between renal biopsy and measurement of PLA₂R-Ab levels, glomerular lesions according to the work by Ehrenreich and Churg [15], BP, and use of immunosuppressive treatment) were included in this analysis. The hazard ratios and their confidence intervals in Figure 1 indicate that, on average and adjusting for the effects of all other variables in the analysis, the risk of reaching the clinical end point (defined as an increase of serum creatinine by $\geq 25\%$ and reaching a serum creatinine level of ≥ 1.3 mg/dl) is higher in older patients and increased by 15% every 5 years. Likewise, this risk increases by 60% per unit increase in the natural logarithm of the total IgG PLA₂R-Ab level and is about 2.8 times higher in men compared with women. After adjusting for the effects of all other variables, IgG4 subclass PLA₂R-Ab levels were not associated with outcome.

Glomerular Lesions and Tubulointerstitial Fibrosis

All 118 biopsies of the participating patients were analyzed for the degree of tubulointerstitial fibrosis, glomerular lesions, hypertensive damage, and glomerular scarring (Table 2).

Interstitial fibrosis was found in 100 of 118 biopsy specimens. There were no significant differences in the numbers of patients with extensive interstitial fibrosis between the different tertiles. There were significantly more patients with moderate interstitial fibrosis in tertile 3 than in tertile 1 ($P=0.02$). The number of patients with minor interstitial fibrosis was smaller in tertile 1 than in tertile 3. This difference did not reach statistical significance.

There were no statistically significant differences in the numbers of patients with stages I–IV glomerular lesions between the different tertiles. More patients with hypertensive nephrosclerosis were found in tertile 3 compared with tertile 1. This difference was not statistically significant, and most of these patients had minor or moderate lesions. The percentage of scarred glomeruli per biopsy specimen was not significantly different between the tertiles. The average number of glomeruli per biopsy specimen was 14.9 ± 9.8 , and 13 (11%) biopsy specimens had <5 glomeruli.

Progression of Renal Failure in the Different PLA₂R-Ab-Level Tertiles

Patients were divided in tertiles depending on the total IgG PLA₂R-Ab level at the start of the study (Table 3). The number of patients reaching a serum creatinine increase by $\geq 25\%$ and a serum creatinine level of ≥ 1.3 mg/dl was significantly higher in tertile 3 (27 of 39 patients; 69%) than in tertile 1 (10 of 40 patients; 25%; Fisher exact test $P=0.03$). Patients in tertile 3 reached the end point significantly faster than patients in tertile 1 (Figure 2). Patients not reaching the study end point were followed for 24 months (IQR=18–30 months). This follow-up time was

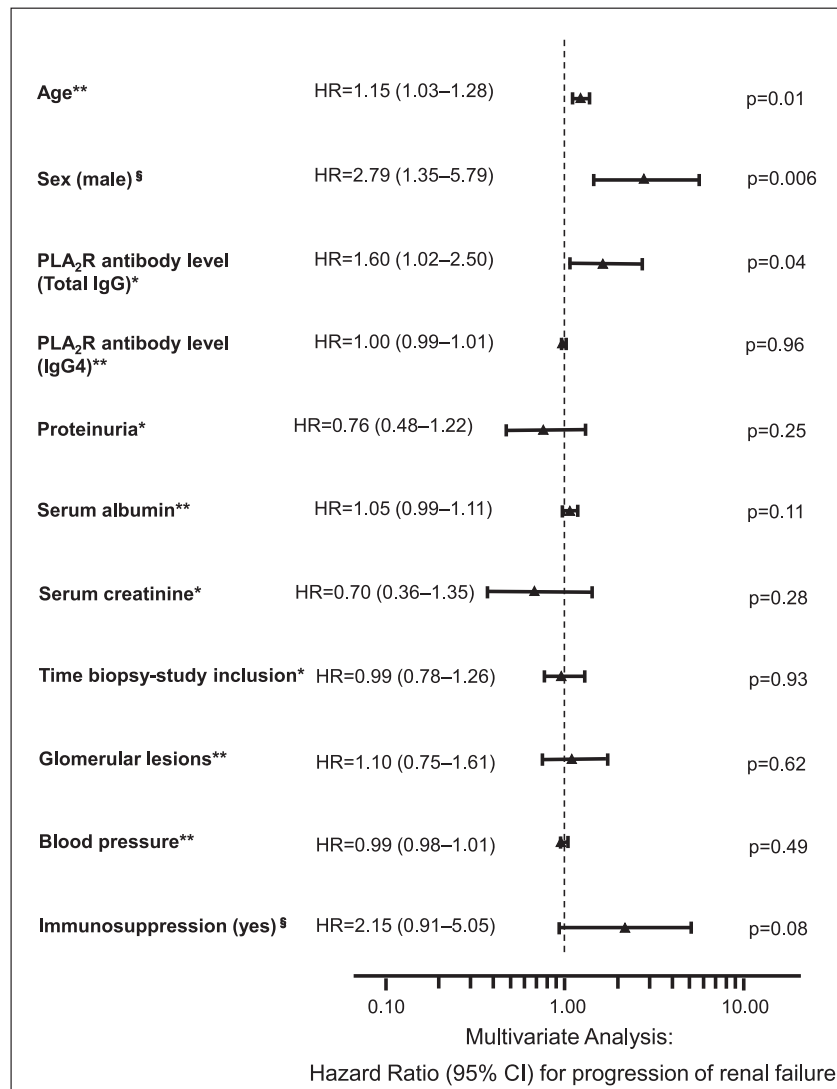


Figure 1. | HRs with 95% confidence intervals and P values as estimated for explanatory variables by multivariate Cox regression analysis. The explanatory variables serum creatinine, proteinuria, time between renal biopsy, and measurement of M-type phospholipase A₂ receptor autoantibody (PLA₂R-Ab) levels and total IgG PLA₂R-Ab levels were ln transformed before analysis. Effects of age, sex, and PLA₂R-Ab levels are significant at $\alpha=0.05$. The corresponding HRs indicate higher risks of reaching the study end point with older age, with higher PLA₂R-Ab levels, and for men compared with women. 95% CI, 95% confidence interval; HR, hazard ratio. *The HRs for serum creatinine, proteinuria, time between renal biopsy, and measurement of PLA₂R-Ab levels and total IgG PLA₂R-Ab levels show the increase of risk per unit increase in the natural logarithm of the variable. **The HRs for serum albumin, glomerular lesions, BP, and IgG4 PLA₂R-Ab levels show the increase of risk per unit increase of the variable. The HR for age shows the increase of risk per 5 years. [§]The variables sex and immunosuppression are dichotomous. The HRs show the risk in men compared with women and patients who received immunosuppression compared with those who did not.

not different between the three tertiles (tertile 1: 24 months, IQR=15.75–27 months; tertile 2: 24 months, IQR=21–30 months; tertile 3: 27 months, IQR=20.25–30 months).

Proteinuria and PLA₂R-Ab Levels at the End of the Follow-Up

Proteinuria and PLA₂R-Ab levels at the time when the patients reached the study end point or the end of the follow-up (for patients who did not reach the end point) are shown in Table 4. Proteinuria of patients in tertile 3 was 3.7 g/24 h (IQR=0.7–9.6 g/24 h) and significantly

higher than proteinuria in patients in tertile 1 (low PLA₂R-Ab levels), which was 1.4 g/24 h (IQR=0.3–4.0 g/24 h; $P=0.03$). PLA₂R-Ab levels were also significantly higher in patients in tertile 3 compared with patients in tertile 1 (48 units/ml, IQR=3–166 units/ml versus 5 units/ml, IQR=2–36 units/ml; $P=0.03$).

Immunosuppressive Treatment Used in the Study

During follow-up, 93 of 118 (79%) patients were treated with immunosuppressive therapy. The mean time from study inclusion to initiation of immunosuppressive treatment is 3.7 ± 5.5 months.

Table 2. Renal biopsy findings

Renal Biopsy Findings	Number of Patients (%)				P Value		
	All Patients	Tertile 1 (Low)	Tertile 2 (Medium)	Tertile 3 (High)	Tertile 1 Versus 2	Tertile 1 Versus 3	Tertile 2 Versus 3
Interstitial fibrosis, %							
Minor	82 (69)	32 (80)	28 (72)	22 (56)	0.86	0.38	0.59
Moderate	23 (19)	2 (5)	9 (23)	12 (31)	0.06	0.02	0.63
Extended	13 (11)	6 (15)	2 (5)	5 (13)	0.27	>0.99	0.44
Glomerular lesions (electron microscopy), %							
I	9 (8)	4 (10)	2 (5)	3 (8)	0.68	>0.99	>0.99
II	73 (62)	21 (53)	28 (72)	24 (62)	0.47	0.71	0.72
III	22 (19)	8 (20)	6 (15)	8 (21)	0.77	>0.99	0.77
IV	14 (12)	7 (18)	3 (8)	4 (10)	0.32	0.53	>0.99
Nephrosclerosis, %							
No	67 (57)	29 (73)	23 (59)	15 (38)	0.60	0.13	0.33
Yes	51 (43)	11 (27)	16 (41)	24 (62)	0.50	0.07	0.34
Minor	23 (19)	4 (10)	9 (23)	10 (26)	0.24	0.16	>0.99
Moderate	24 (20)	6 (15)	5 (13)	13 (33)	>0.99	0.20	0.12
Severe	4 (3)	1 (3)	2 (5)	1 (3)	>0.99	>0.99	>0.99
Scarred glomeruli per biopsy specimen, %	10±17	9±15	10±17	13±18	0.72	0.24	0.42

Interstitial fibrosis, glomerular lesions assessed by electron microscopy according to the classification by Ehrenreich and Churg (15), hypertensive glomerulosclerosis, and the percentage of scarred glomeruli per renal biopsy specimen are presented.

Table 3. Number of patients reaching the study end point and time when the study end point was reached

M-Type Phospholipase A ₂ Receptor Autoantibody Level at Study Inclusion	Number of Patients Reaching the Study End Point (%)	Mean Time (mo) to Reach Study End Point	
		Time	95% Confidence Interval
Tertile 1 (20–86 units/ml)	10 (25)	30.9	27.1 to 34.7
Tertile 2 (87–201 units/ml)	22 (56)	26.9	22.0 to 31.8
Tertile 3 (≥202 units/ml)	27 (69)	17.7	14.1 to 21.2
Overall	59 (50)	26.9	24.0 to 29.8

Cyclosporin A (CsA) was used in 61 patients and applied two times daily for a mean time of 10.5±7.5 months (12.6±7.7 months in patients of tertile 1, 10.1±7.3 months in patients of tertile 2, and 9.1±7.6 months in patients of tertile 3; none of the differences were statistically significant). In 51 of these patients, CsA was given combined with glucocorticoids.

Cyclophosphamide (Cyc) was given in 40 patients. In 38 of these patients, Cyc was given combined with glucocorticoids. In 25 patients, Cyc was applied orally, and 15 patients received intravenous Cyc.

Rituximab (RTX) was used in 17 patients. Thirteen patients received RTX combined with glucocorticoids. The number of RTX infusions that the patients received was one in four patients, two in seven patients, three in one patient, four in four patients, and five in one patient.

A summary of the immunosuppressants applied is presented in Tables 5 and 6. In tertile 1, 26 patients received immunosuppressive therapy. The medication was switched in 11 of these patients. In tertile 2, immunosuppression was switched in nine of 31 patients. In tertile 3, immunosuppression was switched in 13 of 36 patients. There was no

difference in the rate or dosage of the different drugs used between the three groups (Tables 5 and 6).

Discussion

In this study, we prospectively followed 118 patients with biopsy-proven primary MN who were positive for PLA₂R-Ab. Our data show that patients with the highest PLA₂R-Ab levels reach more frequently and faster a serum creatinine increase by ≥25% and a serum creatinine level of 1.3 mg/dl. Furthermore, the multivariate Cox regression analysis shows that PLA₂R-Ab levels together with men and older age are predictors for the increase in serum creatinine. Being a man has been discussed to be a predictor for an unfavorable outcome in patients with MN (16), and in our cohort, older patients had a 15% higher risk to reach the study end point per 5 years of age.

How could high PLA₂R-Ab levels affect an increase of serum creatinine in patients with primary MN? Impaired renal function in patients with primary MN has been associated with the degree of interstitial fibrosis in biopsy

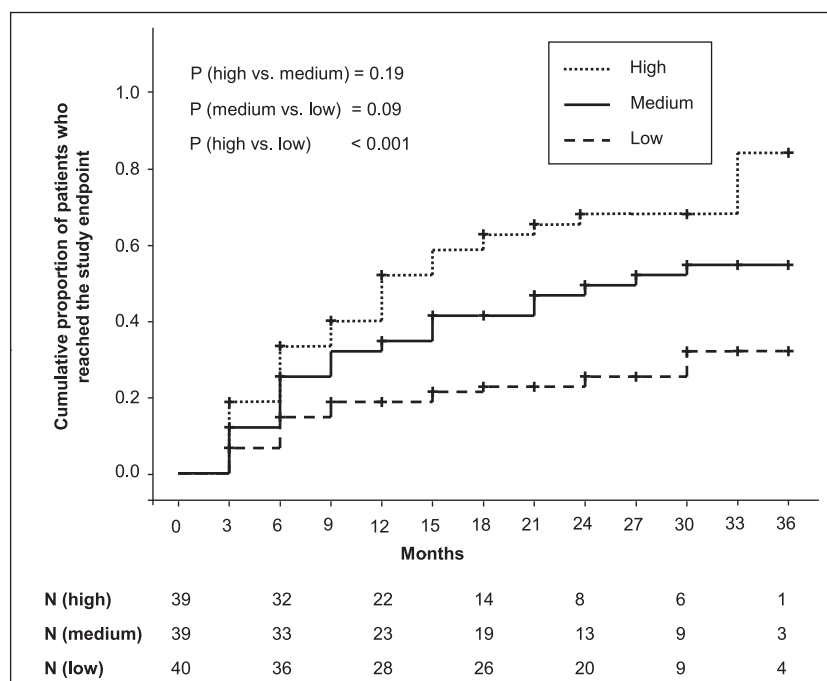


Figure 2. | Survival analysis by M-type PLA₂R-Ab-level tertile. Patients in tertile 3 (high PLA₂R-Ab levels) reached the study end point, defined as an increase of serum creatinine by $\geq 25\%$ compared with the serum creatinine level at study inclusion and reaching a serum creatinine level of ≥ 1.3 mg/dl, significantly faster than patients in tertile 1 (low PLA₂R-Ab levels). The cumulative rate of patients who reached the study end point during follow-up was larger in patients in tertile 3 than in patients in tertile 1. *P* values are from log rank tests and Bonferroni adjusted. *N*, number of patients at risk at the different time points.

Table 4. Proteinuria and M-type phospholipase A₂ receptor autoantibody levels at the time of reaching the study end point or the end of follow-up

At End of Follow-Up	All Patients	Tertile 1 (Low)	Tertile 2 (Medium)	Tertile 3 (High)	<i>P</i> Value		
					Tertile 1 Versus 2	Tertile 1 Versus 3	Tertile 2 Versus 3
Proteinuria (g/24 h)	2.1 (0.6–6.0)	1.4 (0.3–4.0)	2.5 (0.8–5.4)	3.7 (0.7–9.6)	0.14	0.03	0.24
PLA ₂ R-Ab level (units/ml)	12 (2–76)	5 (2–36)	18 (2–66)	48 (3–166)	0.38	0.03	0.12

Proteinuria and PLA₂R-Ab levels are measured at the time when the patients reached the study end point or the end of the follow-up (for patients who did not reach the study end point). Data on proteinuria were available for 35 patients in tertile 1, 31 patients in tertile 2, and 30 patients in tertile 3. Data on PLA₂R-Ab levels were available for 36 patients in tertile 1, 37 patients in tertile 2, and 34 patients in tertile 3. Data are presented as medians and interquartile ranges.

samples, whereas a multivariate analysis did not show an association of glomerular and interstitial lesions with remission of proteinuria or progression of renal function loss (17,18). We have analyzed both glomerular damage and the degree of tubulointerstitial fibrosis in three patient cohorts. Although most patients had signs of interstitial fibrosis, there was no correlation between the degree of interstitial fibrosis and patients reaching the study end point. Patients with high PLA₂R-Ab levels, however, had significantly more moderate interstitial fibrosis compared with the patients in tertile 1. This was not reflected in the serum creatinine levels at the time of inclusion in the study, and therefore, we cannot

conclude the role that interstitial fibrosis, in fact, plays in our findings.

In the model by Cattran *et al.* (6), persistent high levels of proteinuria are predictors for loss of renal function. Although not statistically significant, in patients with the highest PLA₂R-Ab levels, proteinuria at inclusion in the study was higher compared with proteinuria in patients from tertiles 1 and 2. To better define whether proteinuria could be a potential mediator of the more pronounced increase of the serum creatinine in patients with high PLA₂R-Ab levels, we assessed the PLA₂R-Ab levels and proteinuria at either the time of reaching the study end point or the end of follow-up. Patients having the highest

Table 5. Immunosuppressive treatment used in the study: number of patients receiving immunosuppression

PLA ₂ R-Ab Level	Patients without IS	Patients with IS	Number of Patients (%) Receiving Immunosuppression				
			CsA	Cyc	RTX	Glc	Others
Tertile 1 (low)	14	26	19 (73)	11 (42)	5 (19)	20 (77)	5 (19): 2 Tac, 3 Aza
Tertile 2 (medium)	8	31	19 (61)	12 (39)	5 (16)	24 (77)	5 (16): 2 Chloramb, 1 Tac, 1 MMF, 1 Aza
Tertile 3 (high)	3	36	23 (64)	17 (47)	7 (19)	33 (92)	4 (11): 3 Tac, 1 MMF

There were no differences in the immunosuppressants used in patients from the different tertiles. IS, immunosuppressive therapy; CsA, cyclosporin A; Cyc, cyclophosphamide; RTX, rituximab; Glc, glucocorticoids; Tac, tacrolimus; Aza, azathioprine; Chloramb, chlorambucil; MMF, mycophenolate mofetil.

Table 6. Immunosuppressive treatment used in the study: dosage of the used immunosuppressants

PLA ₂ R-Ab Level	CsA (mg/d)	Cyc (Cumulative; g)	RTX (Cumulative; mg)
Tertile 1 (low)	207±88	13.9±13.0	1590±919
Tertile 2 (medium)	232±77	18.8±14.9	1506±633
Tertile 3 (high)	210±69	9.4±11.8	2313±659

CsA is given as the mean dosage per day used in patients of the tertile during the follow-up. Cyc and RTX are given as cumulative dosage per patient during the follow-up.

PLA₂R-Ab levels had higher levels of proteinuria at the end of the observation. Because high PLA₂R-Ab levels are associated with a longer time to remission of proteinuria (8), high PLA₂R-Ab levels may mediate progression of renal function because of persistence of nephrotic-range proteinuria.

Although immunosuppressive treatments reduce proteinuria and improve long-term renal outcome in some patients with primary MN, there are differences between the medications used for treatment. In a recent controlled prospective study, it was shown that the progressive decline of renal function in patients with primary MN was more pronounced in patients who were treated with CsA compared with patients receiving alkylating agents (19). The effect of the treatment on proteinuria was not different between both protocols. The known nephrotoxic effects of CsA might have played a role in this difference (20). Because 79% of our patients were treated with immunosuppressants, we analyzed whether there were differences in the drugs and the doses applied. We did not find differences in the numbers of patients who were treated with CsA or the cumulative doses. Thus, it is very unlikely that the used immunosuppressive treatment accounts for the greater loss of renal function seen in patients with high PLA₂R-Ab levels.

One of the central questions in the management of patients with primary MN is whether immunosuppressive treatment can be guided by PLA₂R-Ab levels. In our view, a number of questions have to be answered before reaching this conclusion. First, at what level should the PLA₂R-Ab decrease to consider treatment a success? Second, do the antibody levels have to completely disappear from the blood? Third, is the absolute or relative decrease of PLA₂R-Ab level (or both) more important?

The potential role of PLA₂R-Ab levels on renal outcome was addressed in two recent retrospective analyses (11,12), which suggested that high PLA₂R-Ab levels might be predictors for worse outcome. However, these studies do not allow us to draw a reliable conclusion on whether PLA₂R-Ab levels are, indeed, associated with loss of renal function. For the patients presented in these studies, no eventual risk factors for the development of renal failure, such as histologic findings, treatment protocols, or time-dependent development of disease, were presented.

Patients of tertile 3 in our cohort had significantly higher BPs compared with patients in tertile 1. Additionally, hypertensive damage was more common in the renal biopsies of patients with high PLA₂R-Ab levels compared with patients in the tertile with low PLA₂R-Ab levels. High BP is a risk factor for loss of renal function in chronic renal disease. High BP is also associated with progressive loss of renal function in patients with primary MN and thus, has to be considered as potential mediator of impairment of renal function (21).

Our study has some limitations. Renal function was measured by serum creatinine and not measured GFR. Because the study was not a randomized, controlled study and the treatment decisions were made by the caring physicians and not per the protocol, our data do not allow for comparison of the different immunosuppressive therapies and their roles in the outcome of renal function.

Independent of the ultimate mechanisms of how PLA₂R-Ab levels effect progressive loss of renal function in primary MN, our data show that, in addition to the already described predictors, PLA₂R-Ab levels can be included as an early parameter for the assessment of risk for progressive loss of renal function.

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Disclosures

None.

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