

Correlation of Kidney Function, Volume and Imaging Findings, and *PKHD1* Mutations in 73 Patients with Autosomal Recessive Polycystic Kidney Disease

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Background and objectives: Renal function and imaging findings have not been comprehensively and prospectively characterized in a broad age range of patients with molecularly confirmed autosomal recessive polycystic kidney disease (ARPKD).

Design, setting, participants, & measurements: Ninety potential ARPKD patients were examined at the National Institutes of Health Clinical Center. Seventy-three fulfilled clinical diagnostic criteria, had at least one *PKHD1* mutation, and were prospectively evaluated using magnetic resonance imaging (MRI), high-resolution ultrasonography (HR-USG), and measures of glomerular and tubular function.

Results: Among 31 perinatally symptomatic patients, 25% required renal replacement therapy by age 11 years; among 42 patients who became symptomatic beyond 1 month (nonperinatal), 25% required kidney transplantation by age 32 years. Creatinine clearance (CrCl) for nonperinatal patients (103 ± 54 ml/min/1.73 m²) was greater than for perinatal patients (62 ± 33) ($P = 0.002$). Corticomedullary involvement on HR-USG was associated with a significantly worse mean CrCl (61 ± 32) in comparison with medullary involvement only (131 ± 46) ($P < 0.0001$). Among children with enlarged kidneys, volume correlated inversely with function, although with wide variability. Severity of *PKHD1* mutations did not determine kidney size or function. In 35% of patients with medullary-only abnormalities, standard ultrasound was normal and the pathology was detectable with HR-USG.

Conclusions: In ARPKD, perinatal presentation and corticomedullary involvement are associated with faster progression of kidney disease. Mild ARPKD is best detected by HR-USG. Considerable variability occurs that is not explained by the type of *PKHD1* mutation.

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Autosomal recessive polycystic kidney disease (ARPKD) occurs in 1 in 20,000 births and is the most common hepatorenal fibrocystic disease of childhood (1–7). It is caused by mutations in *PKHD1*, which encodes fibrocystin/polyductin (8,9), a protein localized to the primary cilium, an organelle functioning as the cell's "sensory antenna" (10). Proteins defective in other diseases having fibrocystic pathology, such as autosomal dominant polycystic kidney dis-

ease, nephronophthisis, Bardet–Biedl, Meckel, and Joubert syndromes, also localize to the primary cilium; these disorders, along with ARPKD, comprise the "ciliopathies" (10–12).

Individuals with ARPKD have nonobstructive fusiform dilations of the renal collecting ducts, leading to progressive renal insufficiency. All ARPKD patients manifest some degree of congenital hepatic fibrosis (CHF) caused by ductal plate malformation of the developing portobiliary system; some patients also have macroscopic dilations of the intrahepatic bile ducts, a combination termed Caroli's syndrome (7,13,14). Portal hypertension complicates CHF and often results in esophageal varices and hypersplenism (15–18). Early-onset severe hypertension, often requiring multiagent therapy, occurs in most ARPKD patients (5).

Most ARPKD patients present perinatally with oligohydramnios and massively enlarged, diffusely microcystic kidneys.

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Many such newborns subsequently succumb to pulmonary hypoplasia. Characterization of the clinical phenotype of ARPKD has been based primarily upon this subtype (*i.e.*, perinatally symptomatic patients) (1,4,5). Documentation of the kidney disease in patients presenting late in childhood or adulthood has been more limited (3,19,20). In this paper, we detail the clinical, biochemical, imaging, and molecular characteristics of 73 children and adults with *PKHD1* mutations and a spectrum of clinical presentations. Our data document the extent of renal glomerular and tubular dysfunction; correlate molecular, functional, and imaging findings; and provide prognostic information.

Materials and Methods

Patients

All patients were enrolled in the protocol, “Clinical Investigations into the Kidney and Liver Disease in Autosomal Recessive Polycystic Kidney Disease/Congenital Hepatic Fibrosis and other Ciliopathies” (<http://www.clinicaltrials.gov>, trial NCT00068224), approved by the National Human Genome Research Institute Institutional Review Board. Patients or their parents gave written informed consent. Patients who carried a clinical diagnosis of ARPKD made by a nephrologist were qualified to come to the National Institutes of Health (NIH). Diagnosis at NIH was based upon established clinical criteria (5,21), including typical kidney and liver involvement on imaging and/or biopsy and autosomal recessive inheritance. Evaluations at the NIH Clinical Center included biochemical and imaging studies and sequencing of the *PKHD1* gene. Patients who were symptomatic at birth or up to day of life 30 were classified as perinatal presenters, and those who first became symptomatic after the first month of life were classified as nonperinatals. Patients diagnosed by prenatal ultrasonography (USG) were classified as nonperinatal if they remained asymptomatic during the first month of life. When possible, parents were evaluated by ultrasound and parental DNA was analyzed.

Sequencing and Analysis

For the longest open reading frame of *PKHD1*, coding exons (2 to 67) and their intronic boundaries were sequenced in two directions using a Beckman CEQ 8000 system (Beckman Coulter, Inc., Fullerton, CA) and a contract with Agencourt (Beverly, MA). DNA variant analyses were performed using Sequencher (GeneCodes, Ann Arbor, MI). The pathogenicity of missense variants was evaluated as described (22) using segregation analysis, general population frequencies, three computational prediction tools [Align GVD (http://agvgd.iarc.fr/agvgd_input.php); PolyPhen (<http://coot.embl.de/PolyPhen>); and SNAP (<http://cubic.bioc.columbia.edu/services/SNAP>)], and the splice variant interpretation software NetGene2 Server (<http://www.cbs.dtu.dk/services/NetGene2>).

Imaging Studies

Complete abdominal ultrasound evaluations were performed by a single technologist (K.T.D.) using standard (4 MHz) and high-resolution (7 MHz) ultrasonography (HR-USG) probes on all patients (AVI Sequoia Inc., Mountain View, CA). Magnetic resonance imaging (MRI) was performed on a 1.5- or 3-Tesla machine (Philips Medical Systems, NA, Bothell, WA; General Electric Healthcare, Waukesha, WI) without intravenous contrast media. Kidney volumes were calculated from MRI images (23,24) at the NIH Image Processing Center (A.L.) and normalized to patient surface area.

Laboratory Data and Demographic Studies

Creatinine clearance (CrCl) values were based upon 24-hour urine collections. Serum-cystatin-C-based GFR was calculated using pediatric (25) and adult (26) formulas. Urine and serum osmolalities were measured on spot samples collected simultaneously while patients had *ad lib* access to fluids. Mayo Medical Laboratories measured vasopressin by RIA.

Statistics

Data are presented as means \pm SD. Mean differences between groups were tested with the two-tailed, two-sample *t* test. Differences between groups in times to events were investigated by Kaplan–Meier analysis and tested via the log-rank test.

Results

Patient Characteristics

Between November 2003 and January 2009, 90 potential ARPKD patients were examined at the NIH Clinical Center; 78 fulfilled clinical diagnostic criteria (5,21). The diagnosis was confirmed in 73 patients by finding at least one *PKHD1* variant judged likely to be pathogenic (22). Clinical and mutational data from these 73 patients are presented (Table 1). Twelve patients received kidney transplantation: 11 before and 1 after the NIH evaluation. In addition, renal functional and imaging data are presented for the 62 patients with native kidneys at the time of evaluation (Table 1).

One family (Table 1, family 10) contributed four siblings, six families contributed two siblings each, and one family (family 40) contributed an aunt and niece pair, leaving 63 independent families (Table 1). We identified potentially pathogenic *PKHD1* variants on both alleles in 43 families and on one allele in 20; these mutations have been previously published (22). Twenty-eight patients (25 families) had either one truncating mutation or a truncating mutation in combination with a missense variant. Forty-five patients (38 families) had nontruncating variants (Tables 1 and 2).

The patients (Table 1) included 29 males and 44 females age 1 to 56 years (13.8 ± 13.0 years; median, 9.2 years). Thirty-one patients (43%) displayed perinatal symptoms and 42 (57%) first became symptomatic between 0.1 and 43 years of age (7.0 ± 11.7 years; median, 2.9 years). Truncating and missense mutations were identified in the perinatal and nonperinatal groups (Tables 1 and 2).

Twenty-eight of 31 (90%) perinatal ARPKD patients had pregnancies complicated by oligohydramnios and 27 manifested respiratory distress at birth. Nineteen of these 27 (70%) required mechanical ventilation and 10 (37%) had pneumothorax. Oligohydramnios was noted in 1 of the 42 nonperinatal patients. Other findings at the time of diagnosis in perinatal and nonperinatal patients included hypertension ($n = 24$), enlarged hyperechoic kidneys on ultrasound ($n = 14$) or palpation ($n = 6$), splenomegaly ($n = 9$), urinary tract infection ($n = 9$), thrombocytopenia ($n = 3$), cholangitis ($n = 4$), liver cysts ($n = 2$), cardiomyopathy secondary to hypertension ($n = 2$), and esophageal variceal bleeding ($n = 1$). Seven asymptomatic siblings were diagnosed by standard-resolution screening USG.

Table 1. Clinical, molecular, functional, and imaging results for ARPKD patients

Family No.	Patient No.	Gender/ Ethnicity	Age at Diagnosis ^a	Age at Diagnosis of Hypertension (years)	Presentation	Age at NIH Evaluation (years)	<i>PKHD1</i> Mutations ^b	Kidney Length (SD above Mean) ^c	Kidney Volume (ml/ 1.73 m ²) ^d	Kidney Findings on USG	Serum Cystatin C (mg/L)	Serum- Cystatin-C- Based GFR Estimate (ml/min/ 1.73 m ²)	CrCl Based on 24-Hour Urine (ml/min/ 1.73 m ²)
1	1	M/C	22 weeks	0	Perinatal, Perinatal sibling death	3.8	p.Thr36Met p.Asp3230fs	Tx (2.5)	Tx	Tx	Tx	Tx	Tx
2	2	F/C	22 weeks	0	Perinatal, Perinatal sibling death	5.1	p.Phe2374fs p.Gly470Val	10.2	NA	CM	2.71	23.7	22
3	3	F/C	23 weeks	No hypertension	Perinatal	2.7	p.Phe3485fs	5.7	339	CM	0.65	125.7	NA
4	4	M/C	23 weeks	0	Perinatal	8.1	IVS55 + 1G>A	7.3	595	CM	1.02	74.2	82
5	5	F/C	28 weeks	0	Perinatal, Perinatal sibling death	9.2	p.Trp2690Arg p.Arg2573Cys	7.5	NA	CM	1.57	44.8	46
6	6	F/H	28 weeks	0.2	Perinatal	8.4	p.Thr36Met p.Cys2422Arg p.Ile222Val	4.7	275	CM	2.09	32.1	39
7	7.1	M/C	29 weeks	0	Perinatal	1.2	p.Ile222Val	4.2	NA	MP	0.88	88.2	58
7	7.2	M/C	6 years	No hypertension	Nonperinatal	8.1	p.Ser3017del p.Ile222Val	0.4	241	MP	0.54	156.2	109
8	8	F/C	29 weeks	0.8	Perinatal	2.2	p.Ser3017del p.Pro724Arg p.His3049Arg	9.2	645	CM	1.36	53.0	NA
9	9	M/H	29 weeks	3.5	Perinatal	12.3	p.Val2798Gly	1.9	238	MP	1.09	68.7	144
10	10.1	F/C	29 weeks	1.2	Perinatal	18.8	p.Cys2803Arg p.Thr36Met p.Ile222Val	Tx (18)	Tx	Tx	Tx	Tx	Tx
10	10.2	F/C	5 years	No hypertension	Perinatal	26.0	p.Thr36Met p.Ile222Val	1.4	179	CM	1.05	71.7	84
10	10.3	F/C	2 years	No hypertension	Nonperinatal	21.0	p.Thr36Met p.Ile222Val	2.5	226	M	0.79	100.1	122
10	10.4	M/C	9 years	No hypertension	Nonperinatal	28.0	p.Thr36Met p.Ile222Val	3.3	189	M	1.14	65.1	88
11	11	F/C	30 weeks	0	Perinatal, Perinatal sibling death	11.1	p.Ile2957Thr p.Val3546fs	Tx (2.5)	Tx	Tx	Tx	Tx	Tx

Table 1. (Continued)

Family No.	Patient No.	Gender/ Ethnicity	Age at Diagnosis ^a Hypertension (years)	Age at Diagnosis of Hypertension (years)	Presentation	Age at NIH Evaluation (years)	<i>PKHD1</i> Mutations ^b	Kidney Length (SD above Mean) ^c	Kidney Volume (ml/ 1.73 m ²) ^d	Kidney Findings on USG	Serum Cystatin C (mg/L)	Serum- Cystatin-C- Based GFR Estimate (ml/min/ 1.73 m ²)	CrCl Based on 24-Hour Urine (ml/min/ 1.73 m ²)
12	12	M/C	30 weeks	0	Perinatal	16.7	p.Gly2705fs p.Thr36Met	6.3	333	CM	1.68	41.4	48
13	13	F/C	30 weeks	0.1	Perinatal, Perinatal sibling death	21.0	p.Ser2861Gly IVS39 + 2T>C p.Trp2749Ser	Tx (15)	Tx	Tx	Tx	Tx	Tx
14	14	M/C	31 weeks	0	Perinatal	1.5	p.Thr36Met	11.6	NA	CM	2.90	21.9	26
15	15	F/C	38 weeks	0	Perinatal	1.0	p.Thr36Met p.Leu3543fs	5.3	NA	CM	0.95	80.6	59
16	16	F/C	38 weeks	0	Perinatal, Perinatal sibling death	9.2	p.Ile222Val p.Ser1156Leu p.Met2804Lys	7.3	1089	CM	2.19	30.3	29
17	17	F/C	0	1.3	Perinatal	1.3	p.Thr36Met p.Ile2331Lys	1.0	NA	M	0.70	115.3	NA
18	18	M/C	0	0	Perinatal	2.1	p.Gln1256fs	7.3	NA	CM	1.10	67.9	41
19	19 ^e	M/C	0	0	Perinatal	2.2	p.Thr36Met p.Trp1928Leu	11.5	NA	CM	2.64	24.4	NA
20	20	M/C	0	0	Perinatal	3.9	p.Arg781X p.His3049Arg p.Arg3957Cys	Tx (0.5)	Tx	Tx	Tx	Tx	Tx
21	21	M/C	0	0	Perinatal	6.5	p.Gly466Glu	7.2	963	CM	NA	NA	63
22	22	F/C	0	0	Perinatal	6.7	p.Thr36Met p.Thr36Met	2.5	NA	CM	2.42	27.0	61
23	23	F/C	0	0	Perinatal	6.9	p.Thr36Met p.Gly466Glu p.Val1817Gly	7.7	683	CM	4.50	13.1	21
24	24	M/C	0	0	Perinatal	7.4	p.Met3642Ile p.Tyr255Cys	13.6	1355	CM	1.19	62.0	49
25	25	F/C	0	0	Perinatal	13.8	p.Thr36Met p.Thr36Met	Tx (10)	Tx	Tx	Tx	Tx	Tx
26	26.1	M/C	0	0	Perinatal	15.9	p.Thr36Met p.Leu542fs p.Ile2331Lys	2.4	237	CM	0.54	156.2	134
26	26.2	F/C	13 years	No hypertension	Nonperinatal	13.8	p.Leu542fs p.Ile2331Lys	3.8	236	MP	0.52	163.2	192
27	27	M/C	0	0	Perinatal	26.0	p.Ile307Thr p.Gly2705fs	4.6	204	CM	2.05	32.8	50
28	28	F/C	0.05 years	3	Perinatal	20.1	p.Ser2861Gly p.Cys1249Trp p.Arg1624Trp	5.7	NA	CM	0.87	89.4	78

Table 1. (Continued)

Family No.	Patient No.	Gender/ Ethnicity	Age at Diagnosis ^a (years)	Age at Diagnosis of Hypertension (years)	Presentation	Age at NIH Evaluation (years)	<i>PKHD1</i> Mutations ^b	Kidney Length (SD above Mean) ^c	Kidney Volume (ml/ 1.73 m ²) ^d	Kidney Findings on USG	Serum Cystatin C (mg/L)	Serum- Cystatin-C- Based GFR Estimate (ml/min/ 1.73 m ²)	CrCl Based on 24-Hour Urine (ml/min/ 1.73 m ²)
29	29.1	F/C	0.1 years	No hypertension	Nonperinatal	4.0	p.Leu2106Arg	3.7	NA	MP	0.54	156.2	131
29	29.2	F/C	3 years	No hypertension	Nonperinatal	6.7	p.Leu2106Arg	5.5	NA	MP	0.42	209.5	147
30	30	M/C	0.1 years	No hypertension	Nonperinatal	30.0	p.Pro3652fs	7.7	508	CM	1.38	52.1	51
31	31	F/C	0.2 years	0.5 hypertension	Nonperinatal	8.3	p.Tyr486X p.Ile246Thr	5.6	646	CM	1.07	70.2	99
32	32	F/C	0.2 years	0.2 hypertension	Nonperinatal	17.2	p.Tyr1136Cys	2.9	379	CM	0.91	84.8	58
33	33.1	F/C	0.3 years	0.9 hypertension	Nonperinatal	1.3	p.Thr36Met	7.0	NA	MP	1.80	38.2	NA
33	33.2	F/C	0.4 years	0.4 hypertension	Nonperinatal	5.0	p.Thr36Met p.Ala3207Thr	13.7	NA	CM	1.83	37.4	56
34	34	M/C	0.3 years	0.3 hypertension	Perinatal	2.5	p.Ala3207Thr	6.1	NA	CM	1.15	64.5	83
35	35	M/C	0.3 years	0.3 hypertension	Perinatal	11.1	p.Ser2219Leu	5.0	280	CM	1.47	48.4	76
36	36	F/C	0.3 years	0.4 hypertension	Nonperinatal	11.1	p.Thr36Met p.Alal254fs	5.0	886	CM	1.80	38.2	43
37	37	M/C	0.4 years	0.4 hypertension	Nonperinatal	4.1	p.Arg1624Trp p.Arg496X	6.3	NA	CM	0.80	98.6	62
38	38	F/AA	0.4 years	0.4 hypertension	Nonperinatal	16.1	p.Gly2224Arg	Tx (15)	Tx	Tx	Tx	Tx	Tx
39	39	M/C	0.5 years	0.5 hypertension	Nonperinatal	1.0	p.Thr36Met p.Arg3240Gln	11.2	782	CM	1.19	62.0	83
40	40.1	F/C	0.7 years	0.7 hypertension	Nonperinatal	2.5	p.Cys1249Trp p.Gly2210Glu	6.0	NA	CM	0.68	119.2	NA
40	40.2	F/C	28 years	No hypertension	Nonperinatal	30.0	p.Arg1624Trp p.Gly3378fs	1.1	86	M	0.61	135.4	129
41	41	F/C	0.8 years	No hypertension	Nonperinatal	7.9	p.Gly1712Arg p.Thr3035fs	6.2	164	M	0.67	121.3	161
42	42	M/C	0.8 years	0.8 hypertension	Nonperinatal	8.7	p.Alal293Val p.Thr36Met	2.7	462	CM	0.90	85.9	NA
43	43	F/C	0.8 years	0.8 hypertension	Nonperinatal	10.1	p.Ile222Val p.Thr36Met	4.3	376	CM	2.39	27.4	60
44	44	F/C	1 years	No hypertension	Nonperinatal	5.5	p.Ile2957Thr p.Gly466Glu	4.6	264	MP	0.46	188.4	190
45	45	M/C	1.1 years	1.1 hypertension	Nonperinatal	11.3	p.Trp158X	7.4	650	CM	2.13	31.4	58
46	46	F/C	1.2 years	1.8 hypertension	Nonperinatal	4.1	p.Arg1624Trp p.Ser2861Gly p.Ile2957Thr	10.5	860	CM	NA	NA	48

Table 1. (Continued)

Family No.	Patient No.	Gender/ Ethnicity	Age at Diagnosis ^a (years)	Age at Diagnosis of Hypertension (years)	Presentation	Age at NIH Evaluation (years)	PKHD1 Mutations ^b	Kidney Length (SD above Mean) ^c	Kidney Volume (ml/ 1.73 m ²) ^d	Kidney Findings on USG	Serum Cystatin C (mg/L)	Serum- Cystatin-C- Based GFR Estimate (ml/min/ 1.73 m ²)	CrCl Based on 24-Hour Urine (ml/min/ 1.73 m ²)
47	47	F/C	1.8 years	1.8	Nonperinatal	35.0	p Ala3207Thr	Tx (31)	Tx	Tx	Tx	Tx	Tx
48	48	F/C	2 years	No hypertension	Nonperinatal	13.9	p Tyr143Cys	5.6	303	MP	0.68	119.2	135
49	49	F/C	2.7 years	2.7	Nonperinatal	5.7	p Glu2431Val	8.8	NA	CM	0.98	77.8	182
50	50	M/C	3 years	3	Nonperinatal	6.9	p Thr36Met	7.7	496	CM	1.52	46.5	60
51	51.1	M/C	3 years	No hypertension	Nonperinatal	8.5	p Gly466Glu	4.1	270	MP	0.61	135.4	178
51	51.2	F/C	3 years	No hypertension	Nonperinatal	10.4	p Arg2033Gly	2.2	181	MP	0.69	117.2	169
52	52	F/C	3 years	No hypertension	Nonperinatal	9.1	p Ile2957Thr	2.8	303	M	0.79	100.1	108
53	53	M/AA	3 years	No hypertension	Nonperinatal	11.0	p Arg760His	2.3	205	M	1.06	70.9	122
54	54	M/C	3.8 years	No hypertension	Nonperinatal	9.5	p Ala2009Thr	1.6	193	MP	0.72	111.5	227
55	55	F/C	4 years	No hypertension	Nonperinatal	10.7	p Leu1965fs	5.1	203	MP	0.72	111.5	106
56	56	M/C	5 years	5 hypertension	Nonperinatal	37.0	p Thr36Met p Leu1709Phe p Arg496X p Ile222Val	Tx (18)	Tx	Tx	Tx	Tx	Tx
57	57	M/C	6 years	6	Nonperinatal	12.4	p His686Pro	7.6	549	CM	1.99	33.9	26
58	58	F/C	6 years	6	Nonperinatal	16.2	p Thr36Met	0.3	225	MP	1.07	70.2	110
59	59	F/C	6 years	9	Nonperinatal	42.0	p Val1741Met p Val1875Gly p Ile2957Thr	Tx (31.5)	Tx	Tx	Tx	Tx	Tx
60	60	F/AA	23 years	23	Nonperinatal	40.0	p Leu1965fs	Tx (36)	Tx	Tx	Tx	Tx	Tx
61	61.1	M/H	28 years	No hypertension	Nonperinatal	45.0	p Ile539Thr p Leu2969fs	0.5	169	M	0.93	82.7	57
61	61.2	F/H	39 years	No hypertension	Nonperinatal	47.0	p Arg92Trp p Leu2969fs	-1.5	137	CM	1.46	48.8	68
62	62	F/C	41 years	15 hypertension	Nonperinatal	52.0	p Arg92Trp p Ala2515fs	2.7	257	MP	1.99	33.9	60
63	63	F/C	43 years	45	Nonperinatal	56.0	p Ser1862Leu p Ile222Val	-6.1	105	CM	3.88	15.5	16

M, male; F, female; C, Caucasian; H, Hispanic; AA, African American; CM, cystic pathology involving both cortex and medulla; M, involving all medulla but not cortex; MP, involving parts of medulla; Tx, transplanted (age at transplant/dialysis); NA, not applicable.

^aPrenatally, in weeks gestation; postnatally, in years.

^bDetailed description of these mutations and assessment of their pathogenicity is published elsewhere (23); mutations listed only once are heterozygous.

^cAverage of two kidneys by USG.

^dAverage of two kidneys by MRI.

^ePatient 19 received a kidney transplantation after the NIH evaluation.

Table 2. Comparison of ARPKD patients with regard to time of initial presentation, extent of abnormalities on HR-USG, and PKHD1 mutation type^a

	Presentation			Ultrasound Abnormalities			PKHD1 Mutation Type		
	Perinatal	Nonperinatal	P	Corticomedullary	Medullary	P	Truncating	Nontruncating	P
Number (percentage) of patients	31 of 73 (42%)	42 of 73 (58%)	–	39 of 62 (63%)	23 of 62 (37%)	–	28 of 73 (38%)	45 of 73 (62%)	–
Age at NIH evaluation (years)	9.2 ± 7.4	17.2 ± 15.1	0.008	11.3 ± 11.9	14.2 ± 13.2	0.36	17.1 ± 15.2	11.8 ± 11.1	0.09
Age at initial diagnosis (years)	0.2 ± 0.9	7.1 ± 11.7	0.002	2.7 ± 9.1	7.0 ± 10.8	0.10	6.7 ± 12.6	2.6 ± 6.6	0.07
Number (percentage) of patients with perinatal presentation	31 of 31 (100%)	0 of 42 (0%)	–	22 of 39 (56%)	3 of 23 (13%)	–	12 of 28	19 of 45	–
Number (percentage) of patients with corticomedullary involvement	22 of 25 (88%)	17 of 37 (46%)	–	39	0	–	15 of 22 (68%)	24 of 40 (60%)	–
Number (percentage) of patients with truncating mutations	12 of 31 (39%)	16 of 42 (38%)	–	15 of 39 (39%)	7 of 23 (30%)	–	28 of 28 (100%)	0 of 45 (0%)	–
Age at kidney transplantation (years)	7.6 ± 6.8	26.3 ± 9.2	0.002	NA	NA	NA	12.4 ± 13.7	18.4 ± 11.0	0.42
Cystatin-C-based GFR (ml/min/1.73 m ²)	61 ± 36	89 ± 48	0.016	57 ± 33	111 ± 45	<0.0001	81 ± 42	76 ± 48	0.70
24-hour urine-based CrCl (ml/min/1.73 m ²)	62 ± 33	103 ± 54	0.002	61 ± 32	131 ± 46	<0.0001	88 ± 55	87 ± 49	0.92
Kidney volume on MRI (ml/1.73 m ²)	494 ± 386	352 ± 224	0.124	519 ± 324	220 ± 53	0.0004	323 ± 236	449 ± 319	0.17
SD of kidney length on USG	6.3 ± 3.3	4.5 ± 3.7	0.050	6.4 ± 3.8	3.2 ± 1.9	0.0003	4.7 ± 2.8	5.5 ± 4.0	0.44

^aValues are means ± SD.

Kidney Involvement

Renal Cysts. Standard-probe USG, HR-USG, and MRI imaging (Figure 1, A through D; Table 1) of the 62 patients with native kidneys revealed abnormalities involving the renal cortex and medulla ($n = 39$; 63%), the entire medulla only ($n = 8$; 13%), or part of the medulla only ($n = 15$; 24%). In seven patients with partial medullary involvement and in one with the entire medulla involved, the standard USG was normal and abnormalities were identified only using the HR-USG transducer. Of 25 perinatal patients with native kidneys, 3 (12%) had involvement limited to the medulla, whereas 20 of 37 nonperinatal patients (54%) had sonographic abnormalities confined to the medulla (Tables 1 and 2). The percentage of patients with corticomedullary involvement was similar among those with a truncating mutation (15 of 22, 68%) and those with nontruncating variants (24 of 40, 60%) (Tables 1 and 2).

Kidney size, a reflection of cystic changes, was evaluated by length measurements using USG (expressed as SD above the mean) and volume estimates on MRI. Kidneys with only med-

ullary abnormalities (14.2 ± 13.2 years) were normal or only mildly enlarged (SD of length, $+3.2 \pm 1.9$; volume, 220 ± 53 ml/1.73 m²), whereas those with corticomedullary involvement (11.3 ± 11.9 years) had much greater enlargement (SD of length, $+6.4 \pm 3.8$; volume, 519 ± 324 ml/1.73 m²; Tables 1 and 2; $P < 0.001$ and $P < 0.001$) (27). Normal adult male kidney volume is 202 ± 36 ml (24); age-dependent pediatric reference values are reported (27,28).

Kidney volume corrected for body surface area did not correlate well with age (Figure 2A). This lack of correlation between kidney volume and age persisted when pediatric (<18 years) and adult patients were analyzed separately (data not shown). When corticomedullary and medullary groups were analyzed separately, kidney volume in the corticomedullary group showed some correlation with age ($y = 758.05e^{-0.037x}$, $R^2 = 0.5518$); whereas the medullary group showed no correlation ($y = 236.35e^{-0.006x}$, $R^2 = 0.0803$). Kidney length also did not correlate with age (not shown). The mean kidney size of 25 perinatally symptomatic patients (SD of length, $+6.3 \pm 3.3$; volume, 494 ± 386 ml/1.73 m²) was slightly greater than that of 37 patients diagnosed later (SD of length, $+4.5 \pm 3.7$; volume 352 ± 224 ml/1.73 m²; $P = 0.05$; 0.12) (Table 2). Mean kidney volume of patients with truncating mutations (323 ± 236 ml/1.73 m²) was not significantly different from that of the nontruncating variant group (449 ± 319 ml/1.73 m²; $P = 0.17$) (Table 2).

Glomerular Function. Seventy-five percent kidney survival was maintained for the perinatal group until approximately 11 years of age and for the nonperinatal group until age 32 years ($P = 0.003$, log-rank test) (Figure 2B). Kidney survival curves were not significantly different between the truncating and nontruncating mutation groups ($P = 0.83$, log-rank test). Twelve patients (seven perinatal and five nonperinatal) had received a renal allograft; one kidney transplant (patient 19) occurred after the NIH visit (Table 1). Age at transplantation for the perinatal group ranged from 0.5 to 18 years (7.6 ± 6.8 years) compared with 15 to 36 years (26.3 ± 9.2 years) for the nonperinatal group (Tables 1 and 2). Age at transplantation for the truncating (12.4 ± 13.7 years) and nontruncating (18.4 ± 11.0 years) mutation groups was not significantly different ($P = 0.42$) (Table 2).

Renal glomerular function was assessed in two different ways: using formulas based on serum cystatin C and using 24-hour urine creatinine plus serum creatinine. For perinatal patients (age 9.2 ± 7.4 years), the 24-hour urine-based CrCl and serum-cystatin-C-based GFR averaged 62 ± 33 and 61 ± 36 ml/min/1.73 m², respectively, compared with 103 ± 54 and 89 ± 48 ml/min/1.73 m², respectively, for 37 nonperinatal patients (age 17.2 ± 15.1 years) ($P < 0.002$, $P = 0.016$) (Tables 1 and 2). For patients with only medullary involvement (age 14.2 ± 13.2 years), the 24-hour urine-based CrCl and cystatin-C-based GFR averaged 131 ± 46 and 111 ± 45 ml/min/1.73 m², respectively. These values indicated significantly better renal function than for patients with cortical and medullary involvement (age 11.3 ± 11.9 years); that is, 61 ± 32 ($P < 0.0001$) and 57 ± 33 ml/min/1.73 m², respectively ($P < 0.0001$) (Tables 1 and 2). Twenty-four-hour urine-based CrCl and serum-cysta-

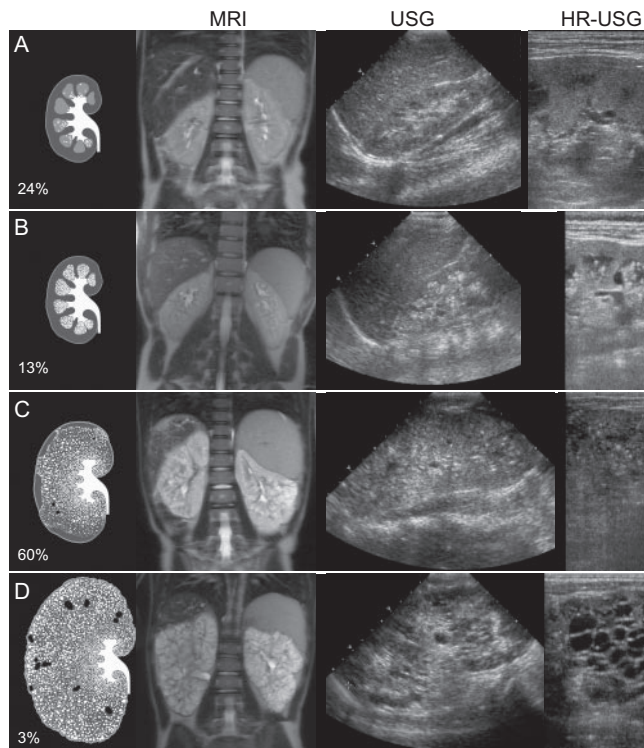


Figure 1. Artist's rendering, ultrasound, and MRI findings showing the spectrum of kidney abnormalities in ARPKD. Percentages refer to the frequency of each pattern within our population of 62 clinically and molecularly diagnosed pretransplant patients. (A) Normal-sized kidneys with hyperechogenicity and ductal dilations involving parts of the medulla (white dots on artist's rendering). (B) Mildly enlarged kidneys with hyperechogenicity and ductal dilations involving most of the medulla but sparing the cortex. (C) Enlarged kidneys with diffuse hyperechogenicity and ductal dilations sparing only parts of the cortex. Some macrocysts (black) are present. (D) Massively enlarged kidneys with complete involvement of medulla and cortex and numerous macrocysts.

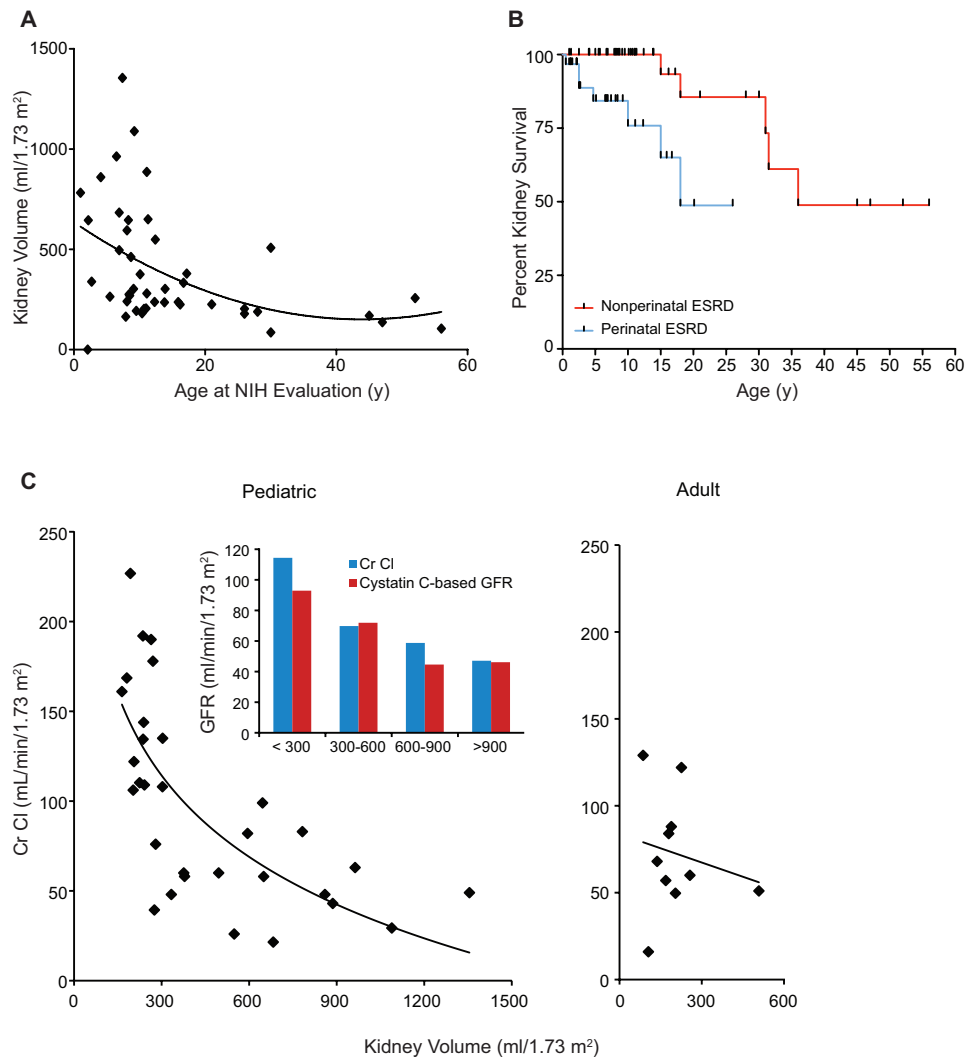


Figure 2. Morphometric and laboratory data. (A) Kidney volume corrected for body surface area *versus* age for 42 ARPKD patients ($y = 0.25x^2 - 22.1x + 635$, $R^2 = 0.18$). Normal adult male kidney volume is 204 ± 36 ml (24). (B) Kidney survival comparing perinatally symptomatic and nonperinatal patients ($P = 0.003$, log-rank test). (C) CrCl plotted against kidney volume corrected for body surface area in children ($y = -65.42\ln(x) + 487.42$, $R^2 = 0.51$) and adults ($y = -0.0545x + 83.706$, $R^2 = 0.04$) with ARPKD. Data for the inserted bar graph were analyzed for pediatric and adult patients together.

tin-C-based GFR (Table 2) were similar for the truncating mutation (88 ± 55 and 81 ± 42 ml/min/1.73 m², respectively) and nontruncating variant (87 ± 49 and 76 ± 48 ml/min/1.73 m², respectively) groups ($P = 0.92$ and 0.7). For the 62 nontransplanted patients, measures of glomerular function (CrCl and cystatin C) were not related to age (data not shown).

When all ages were analyzed as a whole group, the 24-hour urine-based CrCl did not correlate with kidney volume ($R^2 = 0.17$) or kidney length ($R^2 = 0.15$); similarly, serum cystatin C did not correlate with kidney volume ($R^2 = 0.13$) or length ($R^2 = 0.13$). However, when pediatric (<18 years) and adult groups were analyzed separately, there was a reverse relationship between kidney volume and function in the pediatric group ($R^2 = 0.51$), although with significant scatter (Figure 2C).

Other Renal Manifestations. Hypertension, noted in 52 patients, was present at diagnosis in 40 patients, including 20 with hypertension at birth (Table 1). Hypertensive patients

typically required multiagent treatment, especially in early childhood (29,30).

Random urine osmolality, collected while patients had *ad lib* access to fluids and were presumed to be euvoletic, was <300 mOsm/kg in 15 patients (Table 3) and varied directly with CrCl (data not shown). A urine/plasma osmolality ratio ≤ 1.0 , indicating dilute urine, was found in 18 of 44 patients tested; their daily urine volume was 2428 ± 920 ml/1.73 m² compared with 1662 ± 738 ml/1.73 m² for 39 patients with a urine/plasma osmolality ratio >1.0. The urine/plasma osmolality ratio averaged 2.0 ± 0.7 in 20 patients with only medullary renal involvement compared with 1.2 ± 0.5 in 36 patients who also had cortical involvement ($P < 0.0001$). Plasma vasopressin was elevated in 21 of 57 patients (Table 3), including 8 of 18 with dilute urine.

Twenty-three patients had mild proteinuria (Table 3). There was limited evidence for tubular dysfunction; glucosuria and

Table 3. Laboratory results for ARPKD patients with native kidneys

	Chronic Kidney Disease Stage	Mean	SD	Range	Normal Range	No. Low	No. High
Serum sodium (mmol/L)	1	138	2.0	135 to 141	135 to 144	0 of 22	0 of 22
	2	137	2.7	132 to 141		5 of 18	0 of 18
	3	139	2.2	135 to 143		0 of 14	0 of 14
	4 to 5	138	1.9	135 to 141		0 of 9	0 of 9
Serum magnesium (mmol/L)	1	0.92	0.07	0.72 to 0.98	0.75 to 1.00	1 of 22	0 of 22
	2	0.85	0.10	0.63 to 1.01		1 of 18	1 of 18
	3	0.94	0.09	0.76 to 1.07		0 of 14	3 of 14
	4 to 5	0.98	0.16	0.64 to 1.21		1 of 9	5 of 9
Serum phosphate (mg/dl) ^a	1	4.3	0.8	2.8 to 6.0	2.8 to 4.2	0 of 22	13 of 22
	2	4.8	0.9	3.2 to 6.2		0 of 18	14 of 18
	3	5.03	0.8	3.6 to 6.2		0 of 14	11 of 14
	4 to 5	5.39	0.7	4.3 to 6.8		0 of 9	9 of 9
Serum calcium (mmol/L) ^a	1	2.33	0.17	2.07 to 2.56	2.05 to 2.50	0 of 22	1 of 22
	2	2.40	0.08	2.27 to 2.57		0 of 18	2 of 18
	3	2.37	0.11	2.15 to 2.51		0 of 14	1 of 14
	4 to 5	2.41	0.11	2.24 to 2.60		0 of 9	2 of 9
Parathyroid hormone (pg/ml) ^a	1	20	11	4 to 96	16 to 87	5 of 20	1 of 20
	2	33	29	6 to 128		4 of 15	1 of 15
	3	82	44	16 to 143		0 of 13	6 of 13
	4 to 5	165	46	123 to 224		0 of 6	6 of 6
Urine protein (mg/m ² per h)	1	3.5	2.4	0 to 9.7	<4	NA	7 of 20
	2	3.4	3.2	0 to 11		6 of 18	
	3	5.8	8.3	0 to 30.7		5 of 13	
	4 to 5	22.5	43.6	0 to 128		5 of 8	
Urine glucose (mg/d)	1	73	53	14 to 251	<500	NA	0 of 20
	2	65	44	17 to 189		0 of 17	
	3	107	205	19 to 782		1 of 13	
	4 to 5	135	106	23 to 308		0 of 7	
Urine calcium (mg/kg per d)	1	2.2	1.9	0 to 7.5	<4	NA	4 of 21
	2	1.3	0.7	0 to 2.9		0 of 18	
	3	1.1	1.4	0 to 5.8		1 of 14	
	4 to 5	1.2	1.0	0 to 3.4		0 of 9	
Urine osmolality (mOsm/kg)	1	637	209	371 to 983	300 to 900	0 of 21	3 of 21
	2	356	137	125 to 758		5 of 18	0 of 18
	3	305	30	258 to 348		7 of 13	0 of 13
	4 to 5	291	45	206 to 336		3 of 6	0 of 6
Serum osmolality (mOsm/kg)	1	289	5	282 to 302	278 to 298	0 of 21	1 of 21
	2	295	6	282 to 304		0 of 18	3 of 18
	3	299	5	288 to 309		0 of 14	8 of 14
	4 to 5	306	7	298 to 318		0 of 9	8 of 9
Urine volume (ml/24 h/1.73 m ²)	1	1351	539	459 to 2407	<2000	NA	2 of 20
	2	2263	1035	985 to 4796		8 of 18	
	3	1936	550	1137 to 2807		5 of 13	
	4 to 5	2425	803	1144 to 3584		5 of 8	
Plasma vasopressin (pg/ml)	1	0.86	1.07	0.5 to 3.90	<1.7	NA	4 of 21
	2	1.92	1.53	0.5 to 5.2		6 of 16	
	3	5.31	9.89	0.5 to 38.0		6 of 14	
	4 to 5	2.77	1.47	0.50 to 4.90		5 of 6	
TMP/GFR (mg/dl)	1	4.09	0.89	1.94 to 5.63	2.8 to 4.4	1 of 21	6 of 21
	2	3.99	0.82	2.43 to 5.13		2 of 17	6 of 17
	3	3.94	0.78	2.84 to 5.64		0 of 13	2 of 13
	4 to 5	3.78	0.72	2.43 to 4.79		1 of 9	1 of 8
Fractional excretion of magnesium (%)	1	2.9	0.9	1.8 to 4.7	<5	NA	0 of 21
	2	4.9	1.7	2.6 to 8.4		7 of 17	
	3	5.3	2.6	0 to 9.3		7 of 13	
	4 to 5	8.8	3.5	4.1 to 14.8		7 of 8	

TMP/GFR, tubular maximum phosphate reabsorption per GFR.

^aExcludes patients on treatment for renal osteodystrophy.

hypercalciuria were rare or absent and no patient had amino aciduria. Fifteen of 59 patients had elevated tubular maximum phosphate reabsorption per GFR. The fractional excretion of magnesium was elevated in 21 of 59 patients (Table 3).

Discussion

We present new information on the kidney disease of ARPKD by virtue of a prospective and comprehensive evaluation of 73 children and adults with *PKHD1* mutations.

Renal USG examinations of kidney-predominant, early-onset ARPKD have shown diffusely hyperechogenic kidneys with loss of corticomedullary distinction (31,32). However, kidney imaging findings in later-onset and liver-predominant ARPKD are less well defined. HR-USG and MRI imaging of a wide age range of patients with variable degrees of decline in glomerular function allowed us to determine the kidney imaging findings for the full spectrum of ARPKD patients, including those with later-onset and liver-predominant disease. In the process, we ascertained that HR-USG, performed using 7- to 9-MHz insonating frequencies, was superior to conventional USG (3 to 5 MHz) for imaging in ARPKD, especially in patients with mild kidney disease. In 35% of patients with medullary-only involvement, USG examinations of the kidney performed with a 4-MHz transducer were normal; only HR-USG probe enabled detection of the ductal dilations confined to the medulla.

In their European ARPKD cohort enriched by early-onset ARPKD patients, Bergmann *et al.* (20) reported an actuarial renal survival rate of 71% at age 10 and 66% at 15 years. Similarly, Roy *et al.* (2) found a renal survival rate of approximately 65% at age 15 years in 52 patients, 85% of which were perinatal onset. Our data on the perinatal patients reveal 75% renal survival at age 11 years, comparable to these previous results. In contrast, among our nonperinatal patients, the mean age at kidney transplantation was significantly later with 75% renal survival at age 32 years.

Correlations of our HR-USG and functional biochemical data also showed that ARPKD patients with medullary-only disease are generally asymptomatic at birth and more likely to have preserved glomerular function at older ages, whereas those with corticomedullary pathology are more likely to have respiratory distress at birth and a faster decline in glomerular function.

PKHD1 sequencing of our patients did not reveal any patient with two truncating mutations, consistent with previous observations that ARPKD patients having two null mutations do not survive the neonatal period (20,33). When we stratified our patients on the basis of mutation types, the groups with truncating and nontruncating mutations did not differ significantly in their frequencies of perinatal presentation, corticomedullary involvement, or glomerular function. Bergmann *et al.* (20) found that the proportion of truncating mutations in patients transplanted in childhood was similar to that for patients transplanted in adulthood; that group also reported an earlier age (7.2 *versus* 10.2 years) for renal transplantation for patients with truncating mutations. Our patients with truncating mutations required renal transplant at an earlier age (12.4 ± 13.7 years) in comparison with those with nontruncating mutations ($18.4 \pm$

11.0 years), although this was not statistically significant. Relatively small numbers of transplanted patients in each group was a limiting factor in our cohort and that of Bergmann *et al.* Future studies with a larger number of patients will likely reveal more precise predictions of age of transplant in various subgroups of ARPKD patients.

We found considerable variability in the severity of kidney disease in our ARPKD patients (Table 1). This variability was not explained by the location or type (truncating or missense) of *PKHD1* mutations (Tables 1 and 2). For example, we identified the combination of missense mutations, p.Thr36Met and p.Ile222Val, in a total of five patients, four of whom were siblings (Table 1, patients 10.1, 10.2, 10.3, 10.4, and 42). Although patient 10.1, the youngest sibling in the family, was diagnosed prenatally, had hypertension at age 1.2 years, and required kidney transplantation at 18 years, her three older siblings were doing well with normal or mildly decreased glomerular function and without hypertension at ages 21 to 28 years. Patients 10.3 and 10.4 were never symptomatic and were diagnosed by screening ultrasounds performed because of family history. Patient 42 was diagnosed at age 0.8 years when hypertension was discovered during a routine preoperative evaluation for inguinal hernia surgery. At his NIH evaluation at age 8.7 years, glomerular function was mildly decreased (Table 1).

The relationship between glomerular function and kidney volume in ARPKD was not previously explored. We identified a weak reverse correlation between kidney function and volume among ARPKD patients younger than 18 years of age, although there was significant variation. Similarly, kidney volume corrected for body surface area showed a weak reverse correlation with age. Given the cross-sectional nature of these analyses, these data do not reflect longitudinal change in kidney size of a given patient over time. There exists no report of longitudinal imaging evaluation of kidney size in ARPKD. Linear kidney measurements reported on small numbers of ARPKD patients (3,34) suggest that kidney size in ARPKD remains stable as the children get older. Therefore, it is likely that the degree of kidney enlargement in ARPKD is determined prenatally and kidney size does not change much over the lifespan of the patients. Similarly, the extent of renal pathology—whether medullary-only or corticomedullary—is likely to be largely determined prenatally and less likely to change significantly with age. The prospective portion of the NIH study, underway since 2003, may provide insights into the relationship of kidney size and function over time for individual patients with ARPKD; it may also clarify whether the extent of renal pathology remains unchanged over the lifespan of a given patient or some patients with medullary-only involvement progress to corticomedullary damage.

Most (92%) of our patients had normal 24-hour calcium excretion, suggesting that the echogenic foci identified with USG imaging of most ARPKD patients (31,32) is not related to hypercalciuria. We detected mild increases in 24-hour urine protein excretion in 39% of patients, similar to the findings of Adeva *et al.* (19). On the basis of normal levels of glucose and amino acid excretion, proximal tubular function appeared

largely intact in our ARPKD patients. We did identify mildly increased tubular maximum phosphate reabsorption per GFR values in 25% of patients; this finding seemed to be independent of the stage of CKD and its cause remains unclear. The fractional excretion of magnesium was increased in 36% of patients—primarily in those with advanced CKD, perhaps indicating a relationship between dysfunction of the distal tubule and the glomerulus. We did document a linear correlation between urine osmolality and glomerular function in ARPKD; similar observations have been made in other CKD patients.

In summary, our molecular, biochemical, and imaging data on a wide range of children and adults with ARPKD provide correlations between laboratory and imaging findings and supply prognostic information. Renal function in ARPKD does not correlate with age. There is a weak inverse correlation between kidney volume and function in children with ARPKD. Imaging evidence of abnormalities restricted to the medulla generally predicts preserved renal function, whereas corticomedullary involvement is associated with faster decline in glomerular function. Perinatal presentation is more likely to be associated with corticomedullary pathology and predicts faster decline in renal function. HR-USG is superior to standard-resolution USG, especially in diagnosis of milder patients with imaging findings confined to the renal medulla. There is wide variability in severity of renal disease among patients carrying the same *PKHD1* mutations, even within the same family, which complicates prognostic counseling and emphasizes the importance of modifying genes and potential environmental factors.

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Disclosures

None.

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