


# Safety of Dynamic Intravenous Iron Administration Strategies in Hemodialysis Patients

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## Abstract

**Background and objectives** Intravenous iron therapy for chronic anemia management is largely driven by dosing protocols that differ in intensity with respect to dosing approach (*i.e.*, dose, frequency, and duration). Little is known about the safety of these protocols.

**Design, setting, participants, & measurements** Using clinical data from a large United States dialysis provider linked to health care utilization data from Medicare, we constructed a cohort of patients with ESKD aged  $\geq 65$  years who initiated and continued center-based hemodialysis for  $\geq 90$  days between 2009 and 2012, and initiated at least one of the five common intravenous iron administration strategies; ranked by intensity (the amount of iron given at moderate-to-high iron indices), the order of strategies was 3 (least intensive), 2 (less intensive), 1 (reference), 4 (more intensive), and 5 (most intensive). We estimated the effect of continuous exposure to these strategies on cumulative risks of mortality and infection-related events with dynamic Cox marginal structural models.

**Results** Of 13,249 eligible patients, 1320 (10%) died and 1627 (12%) had one or more infection-related events during the 4-month follow-up. The most and least commonly initiated strategy was strategy 2 and 5, respectively. Compared with the reference strategy 1, more intensive strategies (4 and 5) demonstrated a higher risk of all-cause mortality (*e.g.*, most intensive strategy 5: 60-day risk difference: 1.3%; 95% confidence interval [95% CI], 0.8% to 2.1%; 120-day risk difference: 3.1%; 95% CI, 1.0% to 5.6%). Similarly, higher risks were observed for infection-related morbidity and mortality among more intensive strategies (*e.g.*, strategy 5: 60-day risk difference: 1.8%; 95% CI, 1.2% to 2.6%; 120-day risk difference: 4.3%; 95% CI, 2.2% to 6.8%). Less intensive strategies (2 and 3) demonstrated lower risks of all-cause mortality and infection-related events.

**Conclusions** Among dialysis patients surviving 90 days, subsequent intravenous iron administration strategies promoting more intensive iron treatment at moderate-to-high iron indices levels are associated with higher risks of mortality and infection-related events.

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## Introduction

Intravenous (IV) iron is either provided *via* large doses over consecutive hemodialysis sessions (often termed “bolus dosing”) or *via* small doses provided every 1–2 weeks (often termed “maintenance dosing”) for anemia management in contemporary clinical practice. Decisions about the exact sequence of iron administration are typically guided by iron indices levels—serum ferritin and transferrin saturation (TSAT)—and hemoglobin (1,2). On the basis of these tests, providers make recommendations about the dosing approach (*i.e.*, bolus dosing, maintenance dosing, or another variation) for the next treatment course.

Currently, dialysis clinics rely on dosing protocols that prescribe dosing approaches for IV iron administration. These protocols factor in a patient’s iron indices levels and evolving clinical characteristics to provide treatment recommendations with the primary goal of achieving a target hemoglobin level while not exceeding the upper limits of ferritin and TSAT.

Consequently, the treatment dose, frequency, and duration (dosing approach) are repeatedly adjusted when updated iron indices and clinical characteristics become available. These dosing protocols are known as dynamic administration strategies (3–5).

Surprising variation exists in protocols used in clinical practice, perhaps reflective of the lack of consensus among expert guidelines (1,2,6–9). These protocols differ in intensity with respect to target levels of iron indices and dosing approach recommendations (10–12). For example, one protocol may specify 100 mg of iron administered over ten consecutive dialysis sessions for TSAT < 30% and ferritin < 1200 ng/ml, whereas another protocol would hold iron for any ferritin > 500 ng/ml regardless of TSAT level.

Although previous studies have examined the safety of IV iron, none have formally assessed dosing protocols (13,14). Existing observational studies (15–17) have largely focused on the effect of cumulative iron exposure over a long period that may oversimplify patients’ heterogeneous IV iron treatment

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trajectories (18). Cumulative iron exposures may also not align well with the treatment decisions that providers make regarding iron administration in clinical practice (19). Randomized, clinical trials assessing multiple dosing protocols are lacking. As such, the risks of infectious complications and mortality are unclear given conflicting conclusions of existing studies (12–17,20,21) and the insufficiency of the current literature on safety of dosing protocols.

Given the high prevalence of IV iron (22), we conducted a study to examine the effect of continues treatment with five commonly used dynamic IV iron administration strategies on risks of all-cause mortality and infection-related events in a contemporary cohort of patients on hemodialysis.

## Materials and Methods

### Data Sources

We constructed a large hemodialysis patient cohort using deidentified datasets derived from the electronic health records of a large dialysis organization in the United States, linked with the US Renal Data System (USRDS). We obtained detailed clinical information regarding patients' dialysis treatments, vascular access, laboratory test data, IV medications, and anemia management using the clinical database from the dialysis organization. We obtained information regarding their demographics, comorbidities, health care system encounters, and outcomes from the USRDS. The study was approved by the Institutional Review Board at University of North Carolina at Chapel Hill (approval no. 15–1991).

### Study Design and Study Population

Detailed methods for cohort construction have been described elsewhere (23). Briefly, we used a retrospective cohort design with the index date for IV iron administration strategy defined as the day of the first TSAT test result within 90–136 days after dialysis initiation to ensure patients were receiving chronic anemia management. We anchored the index date on a TSAT measurement because in clinical practice: (1) decisions about subsequent IV iron dosing approach typically occur upon the availability of iron indices tests; (2) TSAT is updated slightly more frequently than ferritin (approximately monthly versus quarterly); and (3) when no current ferritin test is available, the last available ferritin is used with the updated TSAT to make treatment recommendations. The TSAT measurement on the index date was defined as the index TSAT. We used the 14-day window after the index TSAT to assess the index

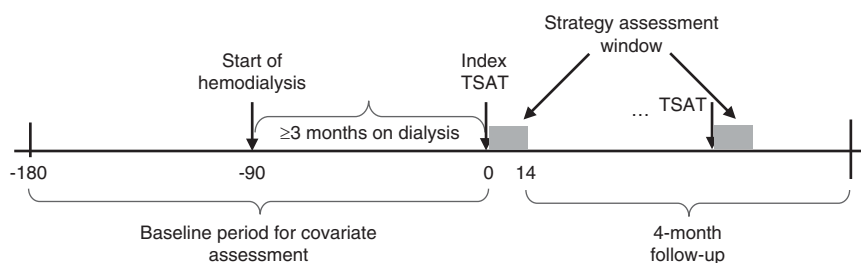
IV iron administration strategy in the index treatment interval anchored by the index TSAT and its subsequent TSAT. We defined the baseline period as the period starting 90 days before dialysis initiation and ending on the day before the index date. Eligible patients were followed for outcomes of interest in a 4-month follow-up period, starting on day 15 (the day after the index strategy assessment window) (Figure 1).

Our study population comprised outpatients who initiated in-center hemodialysis between January 1, 2009 and September 16, 2012 and survived 90 days after initiation (Supplemental Figure 1). We excluded patients who (1) were aged <65 years at initiation (to ensure the collection of their comprehensive clinical history for confounding control), (2) did not have Medicare as primary insurer, (3) did not continue hemodialysis for  $\geq 90$  days, (4) had incomplete baseline covariates information (24), or (5) had fewer than nine dialysis sessions in the month preceding the index date to ensure they were receiving regular hemodialysis and anemia management. We also excluded patients with polycystic kidney disease because their iron administration strategies could differ because of their heterogeneous need for erythropoiesis stimulating agents.

### IV Iron Administration Strategies

We considered five dynamic IV iron administration strategies that were adapted from existing protocols used by several dialysis organizations in contemporary routine practice. Each strategy consisted of a set of decision rules that specified a range of acceptable iron therapy values during a treatment course given a patient's current iron indices (Tables 1 and 2). Ranked by intensity of iron treatment, the amount of iron given at moderate-to-high iron indices, the order of strategies was 3 (least intensive), 2 (less intensive), 1 (reference), 4 (more intensive), and 5 (most intensive).

We identified the IV iron administration strategies initiated by eligible patients in the index treatment interval by matching a patient's treatment pattern in the 14-day assessment window and current iron indices values with candidate strategies by concordance (23). The length of assessment window was chosen to maximize the representativeness of treatment experience in the assessment window for the treatment experience during the entire treatment course as well as minimizing the days required for assessment to maximize follow-up time for outcomes (Supplemental Figure 2). Patients were



**Figure 1.** | Study design for assessing the effect of initiating and staying on a particular dynamic IV iron administration strategy. Patients are followed starting on the end of the first 14-day iron strategy assessment window (the gray block) for all-cause mortality or infection-related events. Those who deviated from their index strategy are censored at the end of current assessment window.

Strategy Definitions	TSAT, %		Ferritin, ng/ml	
<b>Strategy 1</b>	<20	<200	200–1200	>1200
	20–50	Bolus	Low maintenance	None
	>50	Maintenance	Low maintenance	None
<b>Strategy 2</b>	<20	<200	200–800	>800
	20–50	Bolus	Low maintenance	None
	>50	Maintenance	Low maintenance	None
<b>Strategy 3</b>	<20	<200	200–500	>500
	20–50	Bolus	Low maintenance	None
	>50	Maintenance	Low maintenance	None
<b>Strategy 4</b>	<30	<800	800–1200	>1200
	30–50	Bolus	Half bolus	None
	>50	Low maintenance	Low maintenance	None
<b>Strategy 5</b>	<30	None	None	None
	30–40		<1200	≥1200
	41–49		Bolus	None
	≥50		Half bolus	None
			Maintenance	None
		None	None	None

excluded from the main analyses if their treatment patterns in the assessment window were incompatible with all candidate strategies.

### Effect Measure of Interest

We estimated the 120-day cumulative risks of all-cause mortality and infection-related events under continuous treatment with each IV iron administration strategy. We focused on this per-protocol effect of these administration strategies—the effect that would have been observed if patients had adhered to their assigned strategy throughout the 120-day follow-up—because the typical intention-to-treat effect may be suboptimal for assessment of

comparative safety, particularly in the presence of non-adherence to the strategy (25,26).

### Outcomes

Two safety outcomes examined were all-cause mortality and a composite outcome of infection-related hospitalization (sepsis, vascular access infection, or pneumonia) or death in the 4 months after initiation of IV iron administration strategy. These events were identified using claims-based definitions (Supplemental Table 1).

Patients were censored by death attributed to reasons other than infection (for the infection-related events outcome), receipt of kidney transplantation, time of switching modality, loss to follow-up, disenrollment from the dialysis provider, loss of Medicare coverage, or the administrative end of follow-up (December 31, 2012). For both analyses, patients were also censored by deviation from index strategy when they received treatment in a way inconsistent with their index strategy (Supplemental Material, Supplemental Figure 3).

### Covariates

Covariates (defined in Supplemental Table 2) in the analyses included demographic characteristics (*e.g.*, age, sex, race, year of strategy initiation), clinical characteristics (*e.g.*, cause of ESKD, body mass index), baseline anemia treatment history (IV iron and epoetin dose), facility-related factors (geographical region of dialysis clinic, vascular access type), parameters reflective of anemia management (*e.g.*, TSAT, ferritin, epoetin dose, hemoglobin, receipt of blood transfusion), parameters reflective of inflammation (albumin, creatinine, systolic BP, postdialysis body weight), health care system encounters (*e.g.*, number of dialysis sessions, days of hospitalization), and a list of comorbidities.

Dosing Approach	Iron Dosage Level	
	2-wk	Monthly Equivalence <sup>a</sup>
Bolus	>500	100 mg×ten consecutive sessions
Half bolus	201–500	100 mg×five consecutive sessions
Maintenance	101–200	100 mg weekly
Low maintenance	1–100	25 or 50 mg weekly
None	0	0 mg

<sup>a</sup>The dosing approach presented was on the basis of iron sucrose. For other intravenous iron formulations, their monthly equivalence was used. For example, for the bolus dosing approach, the monthly iron dosage level was 1000 mg in one dialysis session with iron dextran, and 125 mg over eight consecutive dialysis sessions with ferric gluconate.

### Statistical Analyses

We compared IV iron administration strategies with respect to risks of all-cause mortality and infection-related events using inverse probability weighted estimation of Cox marginal structural models (27,28). We chose strategy 1 as the reference because of its frequent use and ranked intensity among the five strategies (Table 1). Standardized mortality ratio weighting (29) was used to adjust for potential baseline confounding. As a multivariable standardization method, this weighting method uses the treated study participants (*i.e.*, the patients who initiated strategy 1 in this analysis) as the standard population and estimates the treatment effect in a population whose distribution of risk factors is equal to that of the treated study participants. Inverse probability of censoring weighting (30) was used to adjust for potential selection bias introduced by censoring patients who deviated from index strategies in the follow-up. The model for censoring weights included time-dependent factors for both outcomes and strategy deviation (including length of hospital stay, total epoetin doses, number of dialysis sessions, vascular access type, and current iron indices in the treatment course before deviation), and time-independent factors (including sex, cause of ESKD, and comorbidities). We estimated cumulative risk differences (RDs) for both mortality and infection-related outcomes comparing each strategy with the referent strategy 1 during follow-up, and their 95% confidence intervals (95% CIs) using a nonparametric bootstrap procedure with 200 repetitions (31).

We conducted sensitivity analyses using different covariates for censoring weights estimation and various definitions for strategy deviation. We also conducted additional analyses to estimate different effects of strategy exposure. These analyses were described more completely in Supplemental Material. All statistical analyses were performed using R 3.3.1 (R Foundation for Statistical Computing, Vienna, Austria) and SAS 9.4 (SAS Institute Inc., Cary, NC).

### Results

Between 2009 and 2012, 18,697 patients met our study entry criteria (Supplemental Figure 1), and 15,518 (83%) patients were matched with at least one IV iron administration strategy under consideration. Among them, 13,249 (71%) patients initiated one of the five most commonly used strategies and were included in the analyses. At strategy initiation, the average age was 76 years. About half of the cohort were women, and 23% were black. The most and least commonly initiated strategy was strategy 2 and 5, respectively. More intensive strategies 4 and 5 recommended more aggressive iron therapy in broader ranges of TSAT and ferritin. For example, strategy 5 recommended bolus dosing if TSAT <30% and ferritin <1200 ng/ml, half bolus dosing if TSAT was between 30% and 40%, and maintenance dosing if TSAT was between 40% and 50%. Definitions of the strategies and dosing approaches are listed in Tables 1 and 2.

Table 3 presents patients' baseline characteristics stratified by strategy. Baseline characteristics were similar among initiators of strategies 1, 2, and 3. Compared with these patients, initiators of more intensive strategies (4 and 5) were more likely to initiate in early years and used a

catheter. Recent history of infections and comorbidities were more common among the most intensive strategy 5 initiators, who were also more likely to have had a gastrointestinal bleed or received blood transfusion. During the last baseline month, they received higher doses of epoetin and IV iron and spent more days in the hospital. Their index TSAT and ferritin levels were also higher.

During follow-up, patients deviated from their index strategy quickly, especially among initiators of more intensive strategies 4 and 5 (Supplemental Figure 4). The median time to deviation was shortest among strategy 5 and longest in strategy 2 (49 versus 131 days). By the end of 4 months, 40%–80% of patients had deviated from their index strategies. Factors that increased the probability of deviation included vascular access-related infection in the last baseline month, use of a catheter, higher albumin level, fewer dialysis sessions, and higher epoetin doses in the previous treatment interval. In contrast, having blood transfusions and longer hospital stays in the previous treatment interval reduced the probability of deviation.

During the first 4 months of follow-up, 1320 (10%) patients died and 1627 (12%) patients had at least one infection-related event. The unadjusted RDs of all-cause mortality and infection-related risks comparing each strategy with referent strategy 1 during the 4-month follow-up are shown in Supplemental Figures 5 and 6.

Figure 2 presents the estimated cumulative RDs of all-cause mortality among strategy groups in the first 4 months, adjusted for baseline confounding and strategy deviation in the follow-up. Compared with strategy 1, initiators of less intensive strategies (2 and 3) had lower but nonstatistically significant mortality risks; initiators of more intensive strategy 4 had higher risks, and the adjusted RDs and 95% CIs at 2 and 4 months were 0.6% (95% CI, 0.3% to 1.1%) and 1.5% (95% CI, 0.1% to 3.1%), respectively. The crude estimates were 1.0% and 1.7%, respectively. The highest risks were among initiators of the most intensive strategy 5, and RDs at 2 and 4 months were 1.3% (95% CI, 0.8% to 2.1%) and 3.1% (95% CI, 1.0% to 5.6%), respectively. Their respective crude estimates were 2.5% and 3.4%.

A similar trend was observed for the composite outcome of infection-related events in the 4 months (Figure 3). Compared with strategy 1, initiators of more intensive strategies (4 and 5) had higher risks, whereas those of less intensive strategies (2 and 3) had little difference. At 2 months, RDs for more intensive strategies (4 and 5) were 0.8% (95% CI, 0.3% to 1.3%) and 1.8% (95% CI, 1.2% to 2.6%), respectively. At 4 months, their respective RDs increased to 1.7% (95% CI, 0.4% to 2.9%) and 4.3 (95% CI, 2.2% to 6.8%).

We conducted sensitivity analyses varying the definition for strategy deviation, and our results were robust to such changes. We also examined censoring models with different sets of covariates to adjust for strategy deviation, and the results were robust to the variations in the models. Little difference was seen among the estimates except for the intercept-only model with no covariate (Supplemental Figures 7 and 8).

### Discussion

In a large cohort of older patients on hemodialysis, we assessed the effect of continuous use of five common

**Table 3. Baseline characteristics of patients on hemodialysis by initiated IV iron administration strategy, 2009–2012**

Characteristics	Overall	Strategy 1	Strategy 2	Strategy 3	Strategy 4	Strategy 5
N	13,249	10,882	11,293	10,397	8089	6305
Age, mean (SD)	76 (7)	76 (7)	76 (7)	76 (7)	76 (7)	76 (7)
Women, %	49	49	50	49	49	49
<b>Race, %</b>						
Black	23	22	23	22	22	22
White	72	73	72	73	73	73
Other	5	5	5	5	5	5
Medicaid, %	29	29	29	29	29	30
Lower income subsidy, %	34	34	34	34	35	35
<b>Region, %</b>						
Midwest	23	23	23	23	23	23
Northeast	14	14	14	14	14	14
Other	0.0	0.0	0.0	0.0	0.0	0.0
South	42	41	42	42	43	43
West	21	21	21	21	20	20
<b>Cause of ESKD, %</b>						
Diabetes	45	45	45	45	45	44
GN	5	5	5	5	5	5
Hypertension	36	36	36	36	36	36
Other	13	14	14	14	14	15
Missing	0.3	0.4	0.4	0.4	0.4	0.4
<b>Index year, %</b>						
2009	25	23	24	25	27	29
2010	25	23	23	25	26	28
2011	25	27	27	26	24	22
2012	25	27	26	23	23	21
<b>Comorbidities, %</b>						
Vascular access infection <sup>a</sup>	1	1	1	1	2	2
Pneumonia <sup>a</sup>	2	2	2	2	3	3
Sepsis <sup>a</sup>	2	3	2	3	3	4
Infection (ADR definition) <sup>a</sup>	4	4	4	4	5	6
Antibiotic use <sup>a</sup>	20	21	21	21	24	28
IV antibiotics (dialysis center) <sup>a</sup>	11	12	12	12	14	17
Infection (broad definition) <sup>a</sup>	24	26	26	26	29	34
Diabetes	69	70	69	70	69	70
Hypertensive disease	96	95	95	96	96	97
Congestive heart failure	62	62	63	63	64	66
Myocardial infarction, acute	10	10	10	10	10	10
Angina	7	7	7	7	7	7
Coronary artery disease/atherosclerosis	56	56	56	57	58	59
Ischemic stroke	8	8	8	8	8	9
Intracerebral hemorrhage	0.3	0.3	0.3	0.3	0.3	0.3
Subarachnoid hemorrhage	0.1	0.1	0.1	0.1	0.1	0.1
Hemorrhagic stroke	0.7	0.7	0.7	0.7	0.8	0.8
Cerebrovascular disease	24	24	24	24	24	25
Chronic obstructive pulmonary disease and asthma	33	33	33	34	34	36
Hyperlipidemia	61	60	60	61	60	60
Cancer	21	22	22	22	22	23
Liver disease	4	4	4	4	4	5
Gastrointestinal bleeding and ulcer	3	3	3	3	3	3
Blood transfusion	36	36	36	37	38	41
Blood loss anemia	5	5	5	5	6	6
Peripheral vascular disease	26	27	27	27	27	28
Rheumatic heart disease	6	6	6	6	6	7
Psychiatric disorder	6	6	6	6	6	7
Substance abuse	6	6	6	7	7	7
Autoimmune disorder	5	5	5	5	5	5
Other neurologic disorders	14	14	14	14	15	16
Hyperparathyroidism	4	4	4	4	4	4
Chronic heart disease procedures	6	5	6	6	5	6
Rheumatoid arthritis	3	3	3	3	3	3
Neuropathy	21	21	21	21	21	22
Osteoarthritis	20	20	20	20	20	21
Osteoporosis	5	5	5	5	5	5
History of fall	5	6	5	5	6	6
<b>Last month of baseline period, mean (SD)<sup>b</sup></b>						
Total EPO dose, 1000 units/mo	68 (73)	68 (73)	68 (73)	71 (75)	73 (79)	83 (83)
Total iron dose, mg	299 (311)	293 (296)	288 (299)	289 (308)	310 (322)	334 (343)

**Table 3. (Continued)**

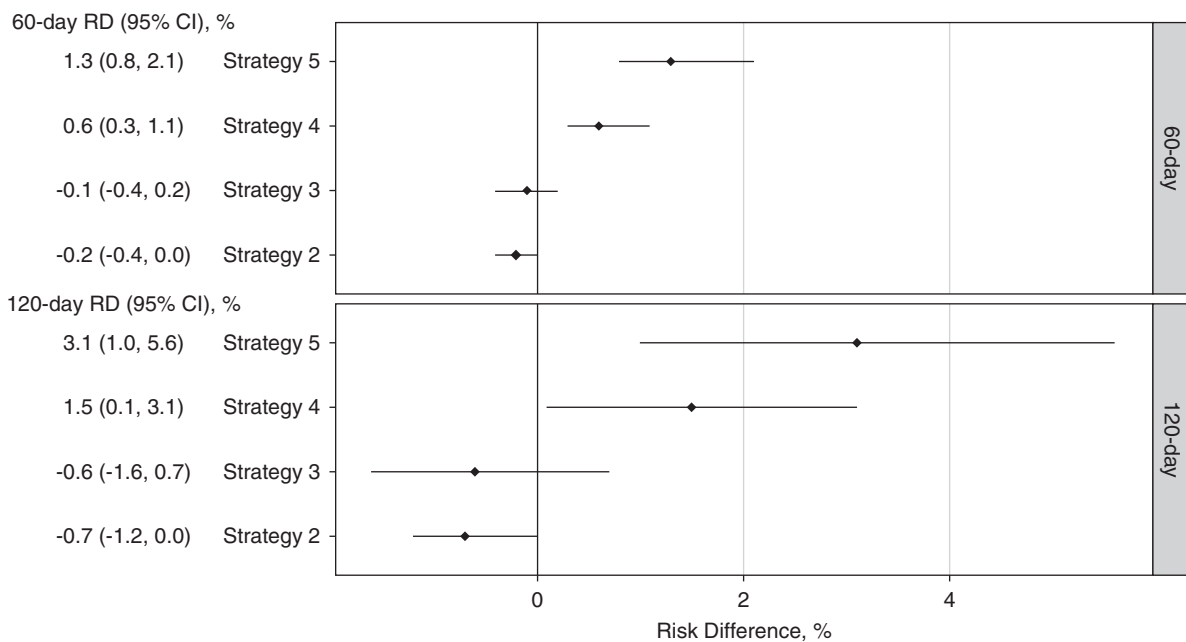
Characteristics	Overall	Strategy 1	Strategy 2	Strategy 3	Strategy 4	Strategy 5
TSAT, %	25 (12)	25 (12)	25 (13)	25 (13)	25 (13)	25 (14)
Ferritin, ng/ml	490 (435)	471 (437)	487 (446)	484 (463)	488 (482)	511 (525)
Hemoglobin, g/dl	11.5 (1.4)	11.4 (1.4)	11.5 (1.4)	11.5 (1.5)	11.5 (1.5)	11.4 (1.5)
Albumin, g/dl	3.6 (0.5)	3.6 (0.5)	3.6 (0.5)	3.6 (0.5)	3.6 (0.5)	3.5 (0.5)
Creatinine, mg/dl	5.1 (1.9)	5.1 (1.9)	5.1 (1.9)	5.1 (1.9)	5.1 (1.9)	5.0 (1.9)
Pretreatment systolic BP, mm Hg	143 (22)	143 (22)	143 (22)	143 (22)	142 (22)	142 (22)
Post-treatment weight, kg	74 (18)	75 (19)	75 (19)	75 (19)	75 (19)	74 (19)
Hospital days	0.7 (2.0)	0.8 (2.0)	0.7 (2.0)	0.8 (2.1)	0.9 (2.2)	1.0 (2.3)
No. of transfusions	0.03 (0.20)	0.03 (0.22)	0.03 (0.21)	0.03 (0.22)	0.04 (0.25)	0.05 (0.27)
<b>Access, %</b>						
Catheter	63	63	64	65	66	70
Fistula	27	26	26	25	24	21
Graft	11	10	10	10	10	9
<b>Index date, mean (SD)<sup>c</sup></b>						
Index TSAT, %	28 (14)	29 (14)	29 (14)	29 (15)	31 (16)	29 (18)
Index ferritin, ng/ml	546 (464)	526 (488)	543 (487)	536 (506)	560 (549)	584 (608)
Index hemoglobin, g/dl	11.6 (1.3)	11.5 (1.3)	11.5 (1.3)	11.6 (1.3)	11.6 (1.4)	11.5 (1.4)
Index albumin, g/dl	3.6 (0.5)	3.6 (0.5)	3.6 (0.5)	3.6 (0.5)	3.6 (0.5)	3.5 (0.5)
Index creatine, mg/dl	5.2 (2.0)	5.2 (2.0)	5.2 (2.0)	5.2 (2.0)	5.2 (2.0)	5.2 (2.0)

IV, intravenous; ADR, annual data report; EPO, epoetin; TSAT, transferrin saturation.  
<sup>a</sup>Prevalence during the last month of baseline period.  
<sup>b</sup>If a laboratory test in the last month of baseline was missing, the previous test value was used.  
<sup>c</sup>If a laboratory test was missing on the index date, the last nonmissing test value was used.

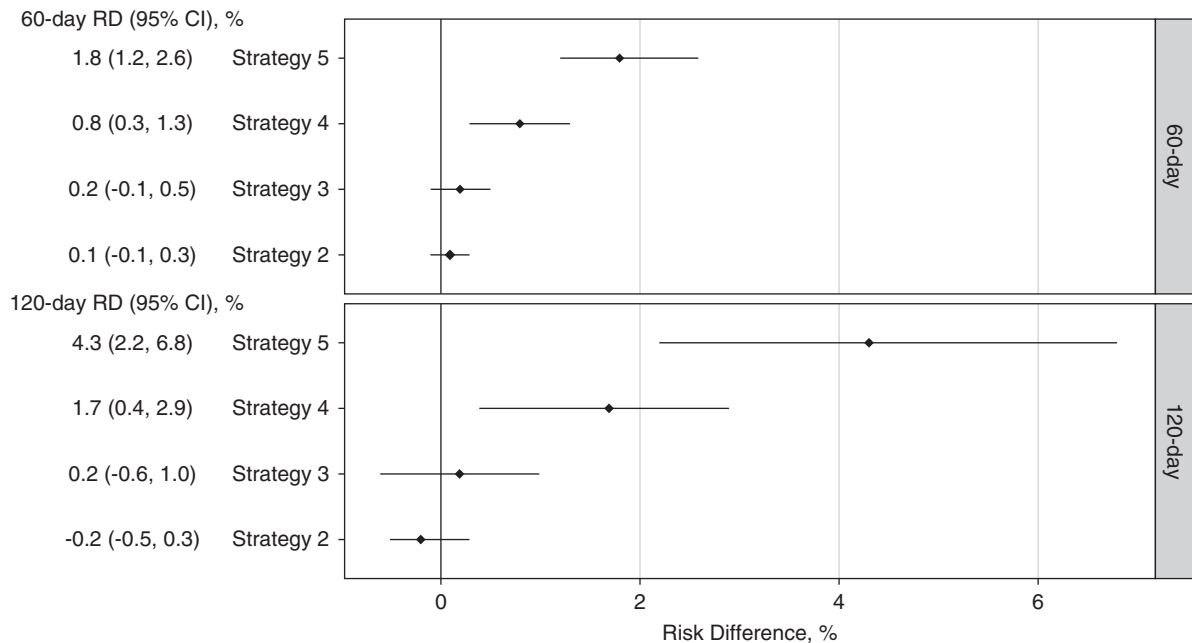
IV iron administration strategies for chronic anemia management on risks of mortality and infection-related events. Higher risks were observed among users of strategies that adopted more intensive dosing approaches (4 and 5) at higher levels of iron indices. Compared with strategy 1, the most intensive strategy 5 may result in an

additional 13 deaths (95% CI, 8 to 21) or 18 infection-related events (95% CI, 12 to 26) per 2 months per 1000 patients treated. Higher risks were also observed with more intensive strategy 4 but with a smaller magnitude.

Although previous studies, included in a recently published meta-analysis (13), have examined safety of



**Figure 2.** | After adjustment for baseline confounding and strategy deviation in the follow-up, higher cumulative risks of all-cause mortality were associated with more intense strategies compared with the reference strategy 1 in the 4-month follow-up. These RDs represent differences in risks of all-cause mortality if strategy 1 users, contrary to fact, initiated and stayed on another intravenous iron strategy instead of initiating and staying on strategy 1 during the 120-day follow-up.



**Figure 3.** | After adjustment for baseline confounding and strategy deviation in the follow-up, higher cumulative risks of infection-related events were associated with more intense strategies compared with the reference strategy 1 in the 4-month follow-up. These RDs represent differences in risks of infection-related events if strategy 1 users, contrary to fact, initiated and stayed on another intravenous iron strategy instead of initiating and staying on strategy 1 during the 120-day follow-up.

cumulative doses of IV iron, to our knowledge, this study is the first to assess the safety profile of IV iron administration strategies reflective of clinical practice among patients on hemodialysis. To approximate the dynamic treatment decision process, we aligned exposure assessment with points of treatment decisions (19) and compared the multidimensional strategies adapted from complex protocols actually used by dialysis organizations in contemporary clinical practice.

Ideally, we could answer questions about the comparative safety and efficacy of different strategies with randomized, clinical trials. However, trials assessing multiple strategies are currently lacking and may be infeasible in many cases because of cost, time, and ethical constraints. The recent published Proactive IV iron Therapy in haemodialysis Patients (PIVOTAL) trial examined two strategies that were less intensive than all five strategies in this study: a proactive regimen administering 400 mg of iron sucrose monthly (equivalent of maintenance dosing) to ferritin  $\leq 700$  ng/ml or TSAT  $< 40\%$ , and a reactive regimen administering a monthly dose of 0–400 mg of iron sucrose to maintain ferritin at 200 ng/ml and TSAT at 20% (32). By examining five commonly used strategies in the United States at the same time, our study could augment the trial with information on safety of more intensive IV iron dosing strategies.

Our findings that intensive strategies had higher infection risks seemingly contrast with the PIVOTAL trial that found no difference in infection risks between the proactive and reactive regimens (32). The difference might be explained by the different intensity of iron therapy among the strategies examined in the trial and this study. Patients in the proactive regimen in the trial received a median

monthly dose of 264 mg (and a maximum of 400 mg), which is lower than the median amount received by patients of all five strategies in this study and also the current practice patterns for bolus or “half-bolus” dosing. Additionally, the trial included incident patients on hemodialysis who may have a different safety profile from patients with longer dialysis vintage and more complex comorbidities included in this study.

Our findings confirm and complement findings from prior observational studies. One cohort study observed higher risk of infection-related events with bolus dosing approach compared with maintenance dosing (21). Yet the magnitude of current results was larger, which might be attributable to the difference in strategy definition and age of study population. Another cohort study also showed higher mortality risk associated with nonmaintenance over maintenance strategies (12). They defined maintenance strategy as having IV iron in a regular schedule and nonmaintenance strategy as having any other administration practices, which included patients that had sporadic or no use. Hence, no direct comparisons could be drawn because of the substantially different strategy definitions.

Among these strategies in our study, the main difference was the ferritin level at which iron treatment should be withheld. The findings suggest that aggressive iron treatment with moderate-to-high ferritin level could contribute to increased risks. Compared with strategy 1 that stopped iron at ferritin of 1200 ng/ml, less intensive strategies 2 and 3 that had same TSAT levels indicating a particular dosing approach but lower stopping ferritin levels (800 and 500 ng/ml, respectively) had modestly lower all-cause mortality risks, although not statistically significant.

Compared with strategy 1, strategies 4 and 5 that made more intensive treatment recommendations at moderate-to-high levels of iron indices had higher risks of adverse events. The higher risks could potentially be explained by iron overload with persistent administration of IV iron in the setting of relatively high ferritin levels and were consistent with previous studies (22,33,34) and the anticipated adverse effects of excessive use of IV iron in this vulnerable population (35). These results suggest that the role and cutoff values of ferritin level should be thoroughly examined in determining IV iron dosing.

We focused on the per-protocol effect of these dynamic administration strategies using a “cloning and censoring” approach (27). With this approach, multiple strategies could be assigned to a single patient if the treatment patterns were consistent. This approach has been widely used for the estimation of per-protocol effect (36–39). However, with this approach, an intention-to-treat analysis, *i.e.*, comparing the initial strategy, would not be informative, especially when considering dynamic treatment strategies that have overlapping regions and many patients may have been assigned to many or even all strategies (26).

The results of our study may not be generalizable to other patient populations different from those included in the analysis, who were aged 65 or older at dialysis initiation and have survived the first 90 days of dialysis. Compared with the general dialysis population, our study population was older and had higher proportion of male and white patients. Updated analyses are needed to evaluate more recent dosing protocols because anemia management may have changed, especially with the recent policy changes including the capitated reimbursement program. Also, exposure misclassification might occur in the classification of strategies using treatment experience in a 14-day assessment window. However, sensitivity analyses varying the length of assessment window showed the 14-day window was the most representative of the treatment experience in the entire treatment course while maximizing time for follow-up (Supplemental Figure 2). Additionally, we applied this identification approach in patients on hemodialysis in a longer time period and found the prevalence of match between strategies and treatment experience increased sharply, starting in 2010 to 91% in 2012 (23). The increasing trend of matches across time was consistent with the fact that the installation of administration strategies in dialysis clinics occurred in recent years. Moreover, we used ranges of iron dose to classify dosing approach, assuming identical treatment effect across the range for a single dosing approach. This assumption might be violated if treatment effect varies substantially across a range, which is unlikely as the ranges were narrow. Furthermore, we did not evaluate the safety profile by iron formulation.

Our analyses were subject to possible bias from residual confounding. Residual confounding by indication could occur if initiators of more aggressive strategies were inherently different and were treated more aggressively for some indication that we had no information on. If such unmeasured indication was also a risk factor for death or infection-related events, then the observed effects would be subject to bias. Similarly, residual selection bias would occur if there were unmeasured risk factors for both

strategy deviation and outcomes of interest, adjustment of which would potentially attenuate the effect. However, we adjusted for an extensive list of clinical, laboratory, treatment, and demographic variables and achieved good balance in the distribution of these covariates after weighting. Sensitivity analyses examining different sets of covariates for the censoring model showed the results were robust to changes in the models, suggesting the possibility that the association between strategy deviation and the outcomes under study might not be strongly confounded by the measured covariates. We may have missed or misclassified comorbidities because they were ascertained only if coded claims are available in the USRDS. Furthermore, we only included limited facility-specific variables, which may not fully account for facility effect associated with iron use and outcomes of interest.

In conclusion, there remains variation in the guidelines for IV iron administration among patients on hemodialysis. We found that strategies recommending relatively aggressive IV iron supplementation, especially at the moderate-to-high levels of ferritin and TSAT, were associated with higher risks of all-cause mortality and infection-related events. Our findings suggest caution for intense IV iron administration among older patients with elevated ferritin levels.

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Dr. Brookhart reports grants and personal fees from Amgen and AbbVie, grants from AstraZeneca, personal fees from Genetech, Fibrogen, and TargetPharma, and owns equity in Novartis, LLC, outside the submitted work. Dr. Kshirsagar was on an Akebia Therapeutics advisory board in 2017 outside the submitted work. Dr. Stürmer reports grants from Amgen, grants from AstraZeneca, and grants from Novo Nordisk; he also receives salary support as Director of Comparative Effectiveness Research (CER), NC TraCS



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### Supplemental Material

This article contains the following supplemental material online at <http://cjasn.asnjournals.org/lookup/suppl/doi:10.2215/CJN.03970318/-/DCSupplemental>.

Detailed methods.

Supplemental Table 1. Claims-based definitions for study outcomes.

Supplemental Table 2. Claims-based definitions for study covariates.

Supplemental Figure 1. Flow chart showing how patients were selected into the cohort.

Supplemental Figure 2. Schematic illustration of the process to determine the length of assessment window.

Supplemental Figure 3. Schematic illustration of the process to assess patient adherence to their intravenous iron administration strategy during follow-up.

Supplemental Figure 4. Cumulative risk of deviation from their index strategy for initiators of the five dynamic intravenous iron strategies during the 120-day follow-up.

Supplemental Figure 5. Cumulative risk difference curves for all-cause mortality varying models for effect estimation.

Supplemental Figure 6. Cumulative risk difference curves for infection-related events varying models for effect estimation.

Supplemental Figure 7. Cumulative risk difference curves for all-cause mortality varying models for strategy deviation.

Supplemental Figure 8. Cumulative risk difference curves for infection-related events varying models for strategy deviation.

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