Supplemental Material Walking While Talking in CKD

SUPPLEMENTAL MATERIAL

Supplemental Table 1. Associations of continuous estimated glomerular filtration rate (eGFR) with individual gait variables (additional covariates included).

Supplemental Table 2. Associations of continuous estimated glomerular filtration rate (eGFR) with factor analysis gait domains (additional covariates included).

Supplemental Table 3. Rotated component loadings of eight gait variables using principal component analysis.

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Supplemental Table 5. Associations of continuous estimated glomerular filtration rate (eGFR) with factor analysis gait domains after exclusion of diabetes or neuropathy.

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Supplemental Table 1. Associations of continuous estimated glomerular filtration rate (eGFR) with individual gait variables (additional covariates included)

eGFR ≥60 eGFR <60 (n=184) (n=119) (Per 10 ml/min/1.73 m² lower eGFR)

| Gait variable | (n=119) (Per 10 ml/min/1.73 m² lower eGFR) | | | | | | |
|-----------------------|---|------|----------------------|-------|--|--|--|
| | Coefficient | P | Coefficient | P | | | |
| | (95% CI) | | (95% CI) | | | | |
| | Walking-while-talking | | | | | | |
| Speed, cm/s | -0.6 | 0.69 | -3.5 | 0.03 | | | |
| - | (-3.5, 2.3) | | (-6.7, -0.3) | | | | |
| Cadence, steps/min | -0.9 | 0.45 | -1.7 | 0.22 | | | |
| | (-3.5, 1.6) | | (-4.5, 1.1) | | | | |
| Step length, cm | 0.3 | 0.63 | -1.6 | 0.02 | | | |
| | (-0.9, 1.5) | | (-3.0, -0.2) | | | | |
| Swing, % | 0.4 | 0.18 | -0.9 | 0.006 | | | |
| | (-0.2, 0.9) | | (-1.5, -0.3) | | | | |
| Stance, % | -0.4 | 0.18 | 0.9 | 0.005 | | | |
| | (-0.9, 0.2) | | (0.3, 1.5) | | | | |
| Double support, % | -0.2 | 0.65 | 1.2 | 0.01 | | | |
| | (-1.1, 0.7) | | (0.3, 2.2) | | | | |
| Step time SD, s | 0.02 | 0.28 | 0.003 | 0.87 | | | |
| | (-0.01, 0.1) | 0.04 | (-0.03, 0.04) | 0.05 | | | |
| Swing time SD, s | 0.01 | 0.24 | -0.01 | 0.35 | | | |
| | (-0.01, 0.02) (-0.02, 0.01) Dual-task cost | | | | | | |
| 0 1570 % | 0.4 | 0.00 | | | | | |
| Speed DTC, % | -0.4 | 0.79 | -1.7 | 0.22 | | | |
| Onderson DTO 9/ | (-2.9, 2.2) | 0.50 | (-4.6, 1.1) | 0.07 | | | |
| Cadence DTC, % | -0.7 | 0.52 | -1.1 | 0.37 | | | |
| Otan Israeth DTO 0/ | (-3.0, 1.5) | 4.00 | (-3.6, 1.3) | 0.00 | | | |
| Step length DTC, % | 0.0001 | 1.00 | -0.7 | 0.39 | | | |
| Ouries as DTO 0/ | (-1.5, 1.5) | 0.40 | (-2.4, 0.9) | 0.04 | | | |
| Swing DTC, % | 1.0 | 0.16 | -1.5 | 0.04 | | | |
| Stores DTC 0/ | (-0.4, 2.3) | 0.40 | (-3.0, -0.05) | 0.054 | | | |
| Stance DTC, % | -0.5 | 0.18 | 0.7 | 0.051 | | | |
| Double cuppert DTC 9/ | (-1.1, 0.2) | 0.42 | (-0.002, 1.5) | 0.10 | | | |
| Double support DTC, % | -0.7 | 0.43 | 1.6 | 0.10 | | | |
| Stantime SD DTC 9/ | (-2.4, 1.0) 153.7 | 0.24 | (-0.3, 3.4) -26.5 | 0.04 | | | |
| Step time SD DTC, % | | 0.21 | | 0.84 | | | |
| (n=300) | (-87.6, 395.0) | | (-291.3, 238.3) | | | | |
| Swing time SD DTC, % | 71.6 | 0.09 | -46.4 | 0.32 | | | |
| (n=302) | (-12.0, 155.2) | 0.08 | (-138.4, 45.6) | 0.32 | | | |
| (11-002) | (312.0, 100.2) | | (-130.4, 43.0) | | | | |

Multivariable linear regression adjusting for age, sex, race, education, body mass index, neuropathy, number of comorbidities, number of medications, diuretic use, acidosis, hemoglobin, mean arterial pressure, and performance of exercise in the past 30 days. Linear splines for eGFR were constructed with knot placed at 60 ml/min/1.73 m². Dual-task cost = (walking-while-talking dual-task gait variable – walking-only single-task gait variable) / (walking-only single-task gait variable) × 100%. 95% CI, 95% confidence interval. DTC, dual-task cost. SD, standard deviation.

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Supplemental Table 2. Associations of continuous estimated glomerular filtration rate (eGFR) with factor analysis gait domains (additional covariates included)

| Gait domain | eGFR ≥ | :60 | eGFR · | <60 | | |
|-----------------|--|----------|-----------------------------|-------|--|--|
| | (Per 10 ml/min/1.73 m ² lower eGFR) | | | | | |
| | Coefficient (95% CI) | P | Coefficient (95% CI) | Р | | |
| | | Walking- | ng-while-talking (n=119) | | | |
| | (n=184 | 4) | | | | |
| Rhythm | 0.1 | 0.24 | -0.2 | 0.004 | | |
| | (-0.04, 0.2) | | (-0.3, -0.1) | | | |
| Pace | -0.1 | 0.38 | -0.04 | 0.63 | | |
| | (-0.2, 0.1) | | (-0.2, 0.1) | | | |
| Variability | 0.1 | 0.28 | -0.04 | 0.64 | | |
| - | (-0.1, 0.2) | | (-0.2, 0.1) | | | |
| | Dual-task cost | | | | | |
| | (n=181) | | (n=118) | | | |
| Rhythm DTC | 0.1 | 0.15 | -0.2 | 0.04 | | |
| • | (-0.04, 0.2) | | (-0.3, -0.01) | | | |
| Pace DTC | -0.1 | 0.32 | -0.02 | 0.82 | | |
| | (-0.2, 0.1) | | (-0.2, 0.1) | | | |
| Variability DTC | 0.1 | 0.20 | -0.03 | 0.66 | | |
| • | (-0.05, 0.2) | | (-0.2, 0.1) | | | |
| | , , | | , , | | | |

Multivariable linear regression adjusting for age, sex, race, education, body mass index, neuropathy, number of comorbidities, number of medications, diuretic use, acidosis, hemoglobin, mean arterial pressure, and performance of exercise in the past 30 days was performed. Linear splines for eGFR were constructed with knot placed at 60 ml/min/1.73 m². 95% CI, 95% confidence interval. DTC, dual-task cost.

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Supplemental Table 3. Rotated component loadings of eight gait variables using principal component analysis

| Gait variable | | Gait Domain | | | |
|------------------------|------------|-----------------------|-----------------|--|--|
| | | Walking-while-talking | | | |
| | | (n=330) | | | |
| | Rhythm | Pace | Variability | | |
| Swing, % | 0.52 | -0.01 | 0.09 | | |
| Step length, cm | 0.40 | -0.01 | -0.33 | | |
| Double support, % | -0.45 | -0.09 | 0.11 | | |
| Stance, % | -0.52 | 0.01 | -0.09 | | |
| Cadence, steps/min | -0.04 | 0.73 | 0.20 | | |
| Speed, cm/s | 0.21 | 0.50 | -0.06 | | |
| Swing time SD, s | 0.24 | -0.45 | 0.37 | | |
| Step time SD, s | 0.02 | 0.06 | 0.83 | | |
| Variance Explained, % | 44 | 27 | 17 | | |
| | | Dual-task cost | | | |
| | (n=326) | | | | |
| _ | Rhythm DTC | Pace DTC | Variability DTC | | |
| Swing DTC, % | 0.55 | -0.03 | 0.01 | | |
| Double support DTC, % | -0.42 | -0.14 | 0.14 | | |
| Stance DTC, % | -0.55 | 0.05 | -0.02 | | |
| Cadence DTC, % | 0.02 | 0.63 | 0.13 | | |
| Speed DTC, % | 0.14 | 0.57 | -0.04 | | |
| Swing time SD DTC, % | 0.31 | -0.48 | 0.17 | | |
| Step time SD DTC, % | 0.13 | 0.10 | 0.86 | | |
| Step length DTC, % | 0.29 | 0.10 | -0.44 | | |
| Variance Explained (%) | 38 | 30 | 16 | | |

Principal component analysis was performed with varimax rotation. The highest loading variables are in bold. DTC, dual-task cost. SD, standard deviation. Step time SD DTC, n=327; swing time SD DTC, n=329.

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Supplemental Table 4. Associations of continuous estimated glomerular filtration rate (eGFR) with principal component analysis gait domains

| eGFR ≥ | :60 | eGFR | <60 | | |
|------------------------------------|--|--|--|--|--|
| (Per 10 ml/min/1.73 m² lower eGFR) | | | | | |
| Coefficient (95% CI) | P | Coefficient (95% CI) | Р | | |
| | | | | | |
| (n=196 | 3) | (n=134) | | | |
| 0.2 | 0.09 | -0.4 | <0.001 | | |
| (-0.03, 0.4) | | (-0.6, -0.2) | | | |
| -0.04 | 0.63 | -0.1 | 0.30 | | |
| (-0.2, 0.1) | | (-0.3, 0.1) | | | |
| 0.1 | 0.29 | -0.002 | 0.98 | | |
| (-0.1, 0.2) | | (-0.2, 0.1) | | | |
| Dual-task cost | | | | | |
| (n=193 | 3) | (n=133) | | | |
| 0.2 | 0.04 | -0.3 | 0.01 | | |
| (0.01, 0.4) | | (-0.5, -0.1) | | | |
| -0.03 | 0.75 | -0.1 | 0.60 | | |
| (-0.2, 0.2) | | (-0.3, 0.2) | | | |
| 0.1 | 0.38 | -0.01 | 0.86 | | |
| (-0.1, 0.2) | | (-0.2, 0.1) | | | |
| | Coefficient (95% CI) (n=196) 0.2 (-0.03, 0.4) -0.04 (-0.2, 0.1) 0.1 (-0.1, 0.2) (n=193) 0.2 (0.01, 0.4) -0.03 (-0.2, 0.2) | (Per 10 ml/min/1 Coefficient (95% CI) Walking- (n=196) 0.2 0.09 (-0.03, 0.4) -0.04 0.63 (-0.2, 0.1) 0.1 0.29 (-0.1, 0.2) Dual- (n=193) 0.2 0.04 (0.01, 0.4) -0.03 0.75 (-0.2, 0.2) 0.1 0.38 | Coefficient (95% CI) P (95% CI) Walking-while-talking (n=13) 0.2 0.09 -0.4 (-0.03, 0.4) (-0.6, -0.2) -0.04 0.63 -0.1 (-0.2, 0.1) (-0.3, 0.1) 0.1 0.29 -0.002 (-0.1, 0.2) (-0.2, 0.1) Dual-task cost (n=193) (n=13) 0.2 0.04 -0.3 (0.01, 0.4) (-0.5, -0.1) -0.03 0.75 -0.1 (-0.2, 0.2) (-0.3, 0.2) 0.1 0.38 -0.01 | | |

Multivariable linear regression adjusting for age, sex, race, education, body mass index, neuropathy, number of comorbidities, and number of medications was performed. Linear splines for eGFR were constructed with knot placed at 60 ml/min/1.73 m². 95% CI, 95% confidence interval. DTC, dual-task cost.

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Supplemental Table 5. Associations of continuous estimated glomerular filtration rate (eGFR) with factor analysis gait domains after exclusion of diabetes or neuropathy

| Gait domain | EXCLUDING PARTICIPANTS WITH DIABETES | | | | EXCLUDING PARTICIPANTS WITH NEUROPATHY | | | | |
|----------------|--------------------------------------|-----------|---------------|----------------|--|-----------------------|---------------|-------|--|
| | eGFR ≥ | | eGFR < | | eGFR ≥6 | eGFR ≥60 eGFR <60 | | | |
| | (Per 10 m | l/min/1.7 | 3 m² lower eG | FR) | (Per 10 ml/min/1.73 m ² lower eGFR) | | | | |
| | Coefficient | P | Coefficient | P | Coefficient | P | Coefficient | P | |
| | (95% CI) | | (95% CI) | | (95% CI) | | (95% CI) | | |
| | Wa | lking-wh | nile-talking | | Wa | Walking-while-talking | | | |
| | (n=160 |) | (n=105 | 5) | (n=174) | | (n=119) | | |
| Rhythm | 0.1 | 0.02 | -0.2 | 0.001 | 0.1 | 0.054 | -0.2 | 0.001 | |
| | (0.02, 0.2) | | (-0.3, -0.1) | | (-0.002, 0.2) | | (-0.3, -0.1) | | |
| Pace | -0.04 | 0.56 | 0.02 | 0.82 | -0.04 | 0.54 | -0.01 | 0.88 | |
| | (-0.2, 0.1) | | (-0.1, 0.2) | | (-0.2, 0.1) | | (-0.1, 0.1) | | |
| Variability | 0.1 | 0.15 | -0.1 | 0.36 | 0.03 | 0.51 | -0.04 | 0.38 | |
| | (-0.04, 0.3) | | (-0.2, 0.1) | | (-0.1, 0.1) | | (-0.1, 0.1) | | |
| | Dual-task cost | | | Dual-task cost | | | | | |
| | (n=158 | 5) | (n=104) | | (n=171) | | (n=118) | | |
| Rhythm | 0.1 | 0.055 | -0.2 | 0.02 | 0.1 | 0.09 | -0.1 | 0.03 | |
| DTC | (-0.003, 0.3) | | (-0.3, - | | (-0.02, 0.2) | | (-0.3, -0.01) | | |
| | | | 0.03) | | | | | | |
| Pace DTC | -0.05 | 0.51 | 0.01 | 0.85 | -0.1 | 0.46 | -0.001 | 0.99 | |
| | (-0.2, 0.1) | | (-0.1, 0.2) | | (-0.2, 0.1) | | (-0.1, 0.1) | | |
| Variability | 0.1 | 0.27 | -0.03 | 0.67 | 0.02 | 0.57 | -0.03 | 0.50 | |
| DTC | (-0.1, 0.2) | | (-0.2, 0.1) | | (-0.05, 0.1) | | (-0.1, 0.05) | | |

Multivariable linear regression adjusting for age, sex, race, education, body mass index, neuropathy, number of comorbidities, and number of medications was performed. Linear splines for eGFR were constructed with knot placed at 60 ml/min/1.73 m². 95% CI, 95% confidence interval. DTC, dual-task cost.